



# Welcome to our MAYFACS eNewsletter

Mayfield & Five Ashes Community Services [www.mayfacs.org.uk](http://www.mayfacs.org.uk) 01435 873888

**MARCH 2026**

MAYFACS, LONDON HOUSE, HIGH STREET, MAYFIELD, TN20 6AQ  
Registered Charity No. 1166647

**MAYFACS OFFICE OPENING TIMES:** Monday, Tuesday and Wednesday between 10am - 1pm every week.

Helpline phone number is monitored Monday to Friday only.

**MAYFACS OFFICE Helpline Number:** Please use our 01435 873888 number for COMMUNITY CAR REQUESTS and GENERAL HELP rather than our direct mobile numbers which are not checked every day. We know it rings for a long time, but do leave a message on our answerphone as the phones are checked DAILY (Monday to Friday office hours only) and we will call you back as soon as possible. We do not answer the landline due to confidentiality whilst we have open offices. **The Helpline and our Mobile Phones are not in operation over the weekends and evenings, so if you leave us a message over Saturday and Sunday, this will not be picked up until the following working day.**

## March MAYFACS eNews

### Gathering YOUR feedback on MAYFACS Support within our community

Have you, a friend or a loved one benefitted from the support of MAYFACS and our team of volunteers? Did one of our fantastic volunteers support you in a medical drive, or befriending role that made a huge difference? Do you attend one of our activities and value the connections and friendships made along the way?

In order to continue in our work, MAYFACS apply to grant providers to fund our support within Mayfield and Five Ashes, and a really important part of this is to demonstrate the impact that we make to individuals within our community. This can be included as short quotes, feedback thoughts, or stories from time spent together.

If you would be willing to share with us about how we have played a role in your, or a loved ones lives, please send us an email to [info@mayfacs.org.uk](mailto:info@mayfacs.org.uk), write a letter or note to MAYFACS and hand to one of our volunteers, activity leaders, or deliver to our office, or leave us a message via our website, facebook, Instagram or the traditional telephone! Your words really do mean a lot to us, and can make a huge difference to us gaining further funding support to keep doing what we do! Thank you!!!



### Fundraising for MAYFACS

**Paint and Sip – Wednesday 22<sup>nd</sup> April 2026 7pm at The Middle House, Mayfield**

**\*\*ALREADY FULLY BOOKED \*\***

**Lent Lunch for MAYFACS – Thursday 19<sup>th</sup> March @ London House 12pm-2pm**

**(drop in anytime)**

With thanks to St Dunstan's Church, MAYFACS will be one of the charities supported with this year's Lent Lunch events throughout March. Please come and join us for a freshly homecooked soup lunch anytime between 12pm-2pm on Thursday 19<sup>th</sup> March. Choice of 4 soups will be available for a donation to our charity. ALL WELCOME!

Please note - You do not need to stay for the whole duration – its more like a café set up so you can come and enjoy your lunch anytime between 12pm and 2pm, and stay for as long as you like! Pop in on a lunch break from work, make a lunch date to meet friends and family, or come along and meet new people!



## Giving in Memory for MAYFACS

Giving in Memory is a lasting way to celebrate a loved one's life while providing opportunities and support for the future within our community. By dedicating a donation in the name of a loved one their legacy continues to build a more resilient community, providing vital support and connection to those who need it most.



[www.mayfacs.org.uk/givinginmemory](http://www.mayfacs.org.uk/givinginmemory) is a new section on our website to give you more information on how to support MAYFACS through Legacy donations and Giving in Memory of your loved one. Thank you to all our supporters who have given in memory for MAYFACS.

## Co-op Local Community Fund



MAYFACS are now one of the collecting charities for Co-op Community Local Fund for the next 12 months which means the more people we get sign up as members of the Co-op, or the more existing members who choose to support us as their local cause, the more funds we receive.

Therefore, if you are already Co-op members and can go into your account and select MAYFACS as your local cause that would be amazing. If you aren't a member and would like to become one, please visit our website for more information on how to do this – or ask in store! Don't forget to sign into your account and choose MAYFACS! The funding from Co-op Local Community Fund will support Youth activities within our community. THANK YOU.

## Recycling your Ink Cartridges for MAYFACS

Don't forget that we are collecting empty ink cartridges, sending them off for recycling and turning them into funds for MAYFACS! To date we have had over £100 raised from 4 boxes sent off for recycling – not only raising funds for our charity, but also reducing landfill! Cartridges can either be dropped to MAYFACS office or to Mayfield Post Office (please note, toners are not accepted apologies!). Thank you!

## Regular Activities

**Do you know someone that might like to be invited to come to any of our groups?**

**A Neighbour, A friend? Please bring them along! Don't forget all our groups are about getting out in our community and making connections with others whatever your age!**

## Bereavement Café (last Friday of each month, 10am – 12pm)

Friday 27<sup>th</sup> March 2026 at Mayfield Cricket Club, Mayfield. 10am – 12pm

Friday 24<sup>th</sup> April 2026 at RSM, The Institute, Rotherfield TN6 3LX 10am – 12pm

MAYFACS have partnered with Rotherfield St Martins (RSM) to build a welcoming and informal space for people who have experienced loss, to come together, talk and listen and support one another at a monthly Bereavement Café. We will be holding our Café on the last Friday of each month, and it will be alternating in location between Mayfield and Rotherfield.

Everyone is welcome to attend both locations, and the sessions will be run by the same team of volunteers each month. No need to book, but welcome to contact either MAYFACS or RSM for further information before coming if you prefer.

## MAYFACS Matinee Films – Last film of the 25/26 Film Series

**Friday 6<sup>th</sup> March: Thelma**

Transport is available from Mayfield. £6 per person for Film admission, £3 for return transport. Collection from Memorial Hall (1.10pm) and St Thomas of Canterbury (1.20pm). No need to book just be at the bus stop to be picked up. As always, a delicious selection of cakes and refreshments will be available to purchase on the day. Thank you to everyone who has supported our matinee films this season! Plans are underway for our next one.

A poster for the Bereavement Café. It features a coffee cup and a cookie. The text describes the café as a welcoming, informal space for people who have experienced loss to come together, talk, listen, and share their experiences of grief. It also mentions that it's not a counselling session but a monthly supportive community gathering that helps reduce isolation and encourages open conversation about loss and healing. The poster lists the dates and locations for the café: 30<sup>th</sup> Jan 2026 - Mayfield, 27<sup>th</sup> Feb 2026 - Rotherfield, 27<sup>th</sup> March 2026 - Mayfield, 24<sup>th</sup> April 2026 - Rotherfield, 29<sup>th</sup> May 2026 - Mayfield, 26<sup>th</sup> June 2026 - Rotherfield, 3<sup>rd</sup> July 2026 - Mayfield, 28<sup>th</sup> Aug 2026 - Rotherfield, 25<sup>th</sup> Sept 2026 - Mayfield, 30<sup>th</sup> Oct 2026 - Rotherfield, 27<sup>th</sup> Nov 2026 - Mayfield. It also includes contact information for MAYFACS (01435 873888) and RSM (01892 853021).

**Bereavement Café**

The Bereavement Café is a welcoming, informal space where people who have experienced loss can come together to talk, listen, and share their experiences of grief.

It's not a counselling session, but rather a monthly supportive community gathering that helps reduce isolation and encourages open conversation about loss and healing.

MEET ON THE LAST FRIDAY OF THE MONTH  
10AM - 12PM  
ALTERNATELY AT  
MAYFIELD CRICKET CLUB  
TH20 2EA AND  
THE INSTITUTE,  
ROTHERFIELD TN6 3LX

For more details or directions please don't hesitate to contact us.

FREE TO ATTEND  
SOMEONE  
WELCOME LIMITED  
SPACES AVAILABLE

MAYFACS 01435 873888

RSM 01892 853021

**Man with a Pan FREE Demo! Tuesday 28<sup>th</sup> April at Colkins Mill Church at 11.30-1.30pm \* postponed from 24 Feb\***  
Robin from Community Chef returns to MAYFACS to deliver a fantastic free demo cooking session for Men. This demo will be focused around using energy efficient cooking and will include sample food to taste as well! Robin's award winning Man with a Pan courses are opportunities for men to learn to cook, be creative, meet new people and eat delicious food together. Please contact [freya@mayfacs.org.uk](mailto:freya@mayfacs.org.uk) to secure your spot as places will be limited.

### **Little Munchkins Baby and Toddler Group (term time only).**

Please do join us every Wednesday (term time) from 9am – 11am at Mayfield Scout Hall for just £3 per family! All carers, grandparents and parents are very welcome! Lots of toys and activities available for the little ones, and a cuppa and chat for the others 😊

**Monthly Hearing Aid Maintenance – Next session Wednesday 11<sup>th</sup> March 10.30am – 12pm, London House.** East Sussex Hearing are hosting monthly Hearing Aid Maintenance at MAYFACS office to provide support to **Pembury, Eastbourne, Bexhill and Hastings Conquest Audiology patients** (now also extended to **Specsavers (Eastbourne, Seaford and Uckfield) and Brighton Audiology patients**), with the support of specially trained local volunteers! Please do drop by and find out what support they can offer (including battery replacements) or where you can be signposted to if they cannot support your specific need.

**Men on the Move** is a weekly 'walk and talk' group for men, to bring people together to explore the local area together, build connections and get some low-level exercise!

Meet every Tuesday 9.30am (please contact us to confirm meet location each week as it may vary!). FREE TO ATTEND! Join the group and explore the local area. Sorry no dogs.



**MAYFACS COMMUNITY SHED**  
Merrieweathers Farm, East Street, Mayfield TN20 6RJ  
The MAYFACS Shed and Community Garden is an opportunity for anyone to come along, meet some friendly people, work in the workshops or outdoor spaces on your own personal projects or community projects.

**WEEKLY SESSIONS**  
MONDAY (Mixed Group) 9.30am - 12.30pm  
WEDNESDAY (Men's Group) 9.30am - 12.30pm  
THURSDAY (Mixed Group) 9.30am - 12.30pm

**REPAIR CAFES**  
3rd Saturday of every month (no Cafe in December) at MAYFACS Shed (Refreshments available) 10am - 1pm.  
Community Cafe at Five Ashes on Sat 20th April 24  
Bring your repairs along, join us for tea and cake, and get to know our Repairers! You are also welcome along without repairs! Volunteer Repairers always welcome!

For more information  
Email us on [theshed@mayfacs.org.uk](mailto:theshed@mayfacs.org.uk)  
Call MAYFACS on 01435 873888  
Visit our website [www.mayfacs.org.uk/the-shed](http://www.mayfacs.org.uk/the-shed)  
or Follow us on Facebook  
[www.facebook.com/MayfacsShed](http://www.facebook.com/MayfacsShed)

**MAYFACS Community Shed** holds 3 Sessions every week for anyone to come along and join in! With inside and new external workshop spaces available across all sessions every week, as well as the community garden, bee keeping and the orchard, there is plenty to get involved in whenever you are available! New Shedders always welcome!

For more information, please visit our website [www.mayfacs.org.uk/the-shed](http://www.mayfacs.org.uk/the-shed) or email [theshed@mayfacs.org.uk](mailto:theshed@mayfacs.org.uk)

**Our next Repair Café will take place at MAYFACS Shed on Saturday 21<sup>st</sup> March between 10am – 1pm (last repairs accepted 12.15pm)**

We welcome you to find out more about our Repair Cafes, join us for some tea and cakes (you do not need to bring a repair to attend!) and find out more about our MAYFACS Shed and MAYFACS community.

[www.facebook.com/mayfacsrepaircafe](http://www.facebook.com/mayfacsrepaircafe)

### **MONTHLY TRIPS – 2026 Trips Schedule**

Monthly Trip places will be allocated on a first come first served basis. Please email or pop into the office to secure your place! If you would like to attend any of our trips but need some financial support, please talk to us in confidence.

**Thurs 5<sup>th</sup> March:** Museum of Gardening in South Downs Nurseries £15

**Thurs 9<sup>th</sup> April:** Hole Park Bluebells £22.50

**Thurs 30<sup>th</sup> April:** Pashley Manor Tulip Festival £26

### **Some Changes to Tea and Chat Groups**

From 1<sup>st</sup> Jan 2026, **Five Ashes Tea and Chat** will only run on the 2<sup>nd</sup> Wednesday of every month.

New Activities being finalised now, so do stay tuned for new and exciting activities! Thank you so much to all our volunteers who have run these groups over the years.



Come and join us for our minibus trip to The Museum of Gardening and Garden Centre  
Thursday 5th March 2026  
£15 per person email [Freya@mayfacs.org.uk](mailto:Freya@mayfacs.org.uk) or phone 01435 873888 to book a place

## **Volunteering Opportunities – Community Car Drivers Needed!**

**Expenses are reimbursed for your costs of travel.**

Our Community Car Service runs every day of the week for those who need to access medical appointments but cannot get there any other way. In the last 4 months, requests have increased by 60% which could mean an additional 200+ drives this year! More appointments are being scheduled for Saturdays to get people the medical care they need in hospitals that are getting through waiting lists. This means we really do need more help to support this vital service for our community.

Do you work Monday to Friday, and would love to volunteer for MAYFACS, but only available on Saturday's? Do you have any spare time to undertake a drive every now and then? Do you know if your Employers offer matched volunteering time as part of their Corporate Social Responsibility programme?

Community Car Volunteers can choose what how often they are available to drive for us and the more drivers we have, the more this shares the support needed. You can also choose whether you prefer to support local drives within our Parish or travel further afield. It really can be flexible around what you can offer. **Expenses are reimbursed for your costs of travel.**

The service is open to anyone who needs help getting to medical appointments, and it really does make a huge difference. For more information, please contact [becky@mayfacs.org.uk](mailto:becky@mayfacs.org.uk).

### **Support Services**

**MAYFACS UKRAINE SUPPORT HUB:** The support email address ([Ukrainesupport@mayfacs.org.uk](mailto:Ukrainesupport@mayfacs.org.uk)) continues to be available at all times and our phone line which is checked daily Monday to Friday (01435 873888) for any further support required, or please visit us at our office anytime to say hello. Our weekly **English Lessons** are at MAYFACS office every Tuesday 10.30 – 12.30 weekly at London House and are available for all our Ukrainian friends at various levels. Please contact the email

**Support for All on our website:** [www.mayfacs.org.uk](http://www.mayfacs.org.uk). Our website has specific information sections for **Youth Support** and **Dementia Support** available to everyone within our community and the surrounds. This is on top of signposting for **financial and other support**. Please do visit our website if you need any advise or help, or come into the office and chat with the team.

**SOCIAL MEDIA :** MAYFACS is on social media! Please follow us to keep up to date with our activities and to learn more about what we do! MAYFACS OFFICE [info@mayfacs.org.uk](mailto:info@mayfacs.org.uk) [www.mayfacs.org.uk](http://www.mayfacs.org.uk)



[@MAYFACS](#)  
[@MAYFACSSHED](#)  
[@MAYFACSREPAIRCAFE](#)



[@MAYFACS2016](#)

**BANK DETAILS:** (for donations, payments of trips and activities)

**Mayfield & Five Ashes Community Services (MAYFACS)**

Account No 00029924 Sort Code 40-52-40

**Contact Details** – Lucy Jervis, Freya Huxtable, Clare Vosloo, Becky Smith, Gill Lawday

Telephone: 01435 873888 in the first instance and leave a message. We will phone you back.

Emails: [manager@mayfacs.org.uk](mailto:manager@mayfacs.org.uk), [freya@mayfacs.org.uk](mailto:freya@mayfacs.org.uk), [clare@mayfacs.org.uk](mailto:clare@mayfacs.org.uk), [becky@mayfacs.org.uk](mailto:becky@mayfacs.org.uk), [finance@mayfacs.org.uk](mailto:finance@mayfacs.org.uk); [theshed@mayfacs.org.uk](mailto:theshed@mayfacs.org.uk), [ukrainesupport@mayfacs.org.uk](mailto:ukrainesupport@mayfacs.org.uk), [info@mayfacs.org.uk](mailto:info@mayfacs.org.uk); [create@mayfacs.org.uk](mailto:create@mayfacs.org.uk).



# MAYFACS MONTHLY TRIPS

## SCHEDULE JANUARY - JUNE 2026



Monthly Trip places will be allocated on a first come first served basis and are open to everyone. To book please pop into the office, phone and leave a message or email [clare@mayfacs.org.uk](mailto:clare@mayfacs.org.uk)



Once you've booked with the office and confirmed there is space available, please pay ASAP to secure your place via:

- a) cheque or cash to the MAYFACS office
- b) card payments in MAYFACS office
- c) BACS transfer (please include your name and the name of the trip/s as the reference)



**Direct bank transfer details: Mayfield & Five Ashes Community Services (MAYFACS), Account Number 00029924, Sort Code 40 52 40**



Refunds can only be given at MAYFACS discretion. If you would like to attend any of our trips but need some financial support, please talk to us in confidence.

- Thurs 22 Jan** Katharine Jennings Art in Rotherfield to do crafting £22
- Thurs 5<sup>th</sup> Feb** Bexhill Museum followed by Fish & Chip Lunch £25.50
- Thurs 5<sup>th</sup> Mar** Museum of Gardening in South Downs Nurseries £15
- Thurs 9<sup>th</sup> Apr** Hole Park to see the Bluebells £22.50
- Thurs 30<sup>th</sup> Apr** Pashley Manor Tulip Festival £26 (note replaces May trip)
- Thurs 4<sup>th</sup> June** National Cat Centre at Ashdown Forest £12.50



Most of the monthly trips leave Mayfield and Five Ashes at approx. 9-10am and are back about 4pm. The MAYFACS team will contact you a week or so before the Trip and arrange pick up times at our various stops. Because we have to pre order tickets and transport, we will not always be able to offer a refund should you cancel your place. If you are worried about accessibility for any of our activities or trips or have any questions please do let us know.

**Please visit our website [www.mayfacs.org.uk](http://www.mayfacs.org.uk) for updates of weekly activities or contact us at the MAYFACS Office on 01435 873888.**



# MAYFACS Weekly Activities

Mon

**MAYFACS Shed Session:** Monday 9.30am - 12.30pm Mixed Group  
Merrieweathers Farm, East Street, Mayfield TN20 6RJ.

Mon

**Yarners:** Chat and knit, sew and crochet in Sew Inspired shop in the High Street,  
£3.50 per person, 1.30-3.30pm.

Tue

**Men on the Move:** weekly "Walk and Talk" group for men, for any age.  
Meet in Court Meadow 9.30am. \*Free to attend.

Tue

**Tuesday Chat:** Regular meet up & chat with refreshments in Colkins Mill Church,  
Station Road. 2-3pm. £2. Every Tues apart from the first Tuesday of the month.

Tue

**Tuesday Afternoon Club:** First Tuesday of the month in Colkins Mill Church, Station  
Road, Mayfield 2-4pm £3 including a Speaker, raffle and a light afternoon tea. Please  
bring a small prize to share for the raffle.

Wed

**Little Munchkins Baby & Toddler Group:** For all carers, parents & grandparents and  
under fives. Every Wednesday, term time only in the Scout Hall 9-11 am. £3 per family.

Wed

**MAYFACS Shed Session:** Wednesday 9.30am - 12.30pm Men's Shed Group  
Merrieweathers Farm, East Street, Mayfield TN20 6RJ.

Wed

**Writing for fun:** A monthly group on 3rd Wednesday of the month at  
10am - 12pm in London House. £3 including refreshments.

Wed

**Wednesday Chat:** Every 2nd & 4th Wednesday, 2-3pm in Five Ashes Village Hall.  
£2. Transport available. (Speaker on 4th Wednesday).

Thur

**MAYFACS Shed Session:** Thursday 9.30am - 12.30pm Mixed Group  
Merrieweathers Farm, East Street, Mayfield TN20 6RJ.

Thur

**Poetry:** 1st Thursday 11-12.30 Coach House Cottage, Royal Oak Mews, Mayfield £2.

Thur

**Middle House Lunch:** 2nd Thursday of the month on a rota basis.  
12.30pm £12.50 for senior citizens living alone.

Thur

**Community Café Crowborough :** A dementia friendly group for people to come  
together to enjoy an activity and refreshments. Last Thursday of the month.  
2-4pm. Chaperoned transport available from Mayfield.

Fri

**MAYFACS Film Club (SEPT-MAR):** Five Ashes Village Hall. Please see our  
programme of films. 1.45-4pm £6. Transport from Mayfield £3.

Fri

**Art at the Shed (APR-SEPT not in AUG) :** 4th Friday of the month 10 -12 pm £3-5  
MAYFACS Shed. Materials and refreshments provided. Booking essential.

Fri

**Games/Scrabble/Cribbage:** 3rd Friday of the month 2-4pm £3 at London House,  
bring a game or join in with some friendly games.

Sat

**Create @ the Shed:** 1st Saturday of the month 10am - 12.30pm refreshments  
provided. Donations to cover materials. School age Years 7 - 11. Booking essential.

Sat

**MAYFACS Shed Monthly Repair Cafe** 3rd Saturday of every month (except Dec)  
open 10am - 1pm refreshments available. At MAYFACS Shed.



**No need to pre book, unless stated. \* Free to attend as Grant funded**  
**Please visit [www.mayfacs.org.uk](http://www.mayfacs.org.uk) or contact us on 01435 873888**