



# Welcome to our MAYFACS eNewsletter

Mayfield & Five Ashes Community Services [www.mayfacs.org.uk](http://www.mayfacs.org.uk) 01435 873888

**MAY 2025**

MAYFACS, LONDON HOUSE, HIGH STREET, MAYFIELD, TN20 6AQ  
Registered Charity No. 1166647

**MAYFACS OFFICE OPENING TIMES:** Monday, Tuesday and Wednesday between 10am - 1pm every week.  
Helpline phone number is monitored Monday to Friday only.

**MAYFACS OFFICE Helpline Number:** Please use our 01435 873888 number for COMMUNITY CAR REQUESTS and GENERAL HELP rather than our direct mobile numbers which are not checked every day. We know it rings for a long time, but do leave a message on our answerphone as the phones are checked DAILY (Monday to Friday office hours only) and we will call you back as soon as possible. We do not answer the landline due to confidentiality whilst we have open offices.



MAYFACS Website

**The Helpline and our Mobile Phones are not in operation over the weekends and evenings, so if you leave us a message over Saturday and Sunday, this will not be picked up until the following working day.**

MAYFACS OFFICE [info@mayfacs.org.uk](mailto:info@mayfacs.org.uk)

Instagram [@MAYFACS2016](https://www.instagram.com/MAYFACS2016)

Facebook [@MAYFACS](https://www.facebook.com/MAYFACS) [@MAYFACSSHED](https://www.facebook.com/MAYFACSSHED) [@MAYFACSREPAIRCAFE](https://www.facebook.com/MAYFACSREPAIRCAFE) Account No 00029924 Sort Code 40-52-40

**BANK DETAILS:** (for donations, payments of trips and activities)

**Mayfield & Five Ashes Community Services (MAYFACS)**

## MAY MAYFACS eNews



Our Mayfacs Yarners and Sew Inspired have created another fantastic scene ready for the Mayfair on 10<sup>th</sup> May.

When you are in the High Street, do take a closer look at their incredible work.

Thank you to everyone involved!



### Fundraising Activities coming up!!!

Please come along and support this months Fundraising Activities raising money for MAYFACS:

**Sat 10<sup>th</sup> May – MAYFAIR:** MAYFACS are running a bottle tombola this year and we would love any donations of bottles if possible to collect this month. Please bring to our office by **TUESDAY 6<sup>th</sup> MAY** for us to label and sort! Thank you.

**New Repair Café Facebook Page!** We are excited to launch a newly created MAYFACS Repair Café facebook page, which will allow us to better promote the incredible work the Repair Café volunteers do each month. Please do like and follow the page to stay up to date! [www.facebook.com/mayfacsrepaircafe](https://www.facebook.com/mayfacsrepaircafe)

**Art at the Shed is back!** For the summer months (April to July), we are pleased to confirm that our Art at the Shed group will be back on the 4<sup>th</sup> Friday of the month, at MAYFACS Shed. With a new volunteer local artist (that many of you may know!) running the group for us, we will be utilising the Shed outdoor space and taking inspiration from the scenery around us to be creative.

Art at the Shed will be between 10am – 12pm, £3-£5 donation per person, materials are provided but feel free to bring your own as well. For more information please email [freya@mayfacs.org.uk](mailto:freya@mayfacs.org.uk) or call 01435 873888

MAYFACS & MAYFACS SHED are pleased to announce the return of our art workshops at MAYFACS Shed. A selection of creative workshops aimed across different ages and genres, but all to bring people together to connect, inspire and be.

**ART @ THE SHED**

ON THE 4TH FRIDAY IN APRIL, MAY, JUNE and JULY from 10AM - 12PM

If you enjoy drawing, or just want to give it a go, come along to our friendly group every month where we will be getting outside as much as possible to be inspired by nature!

This is an informal session, led by Sue L, a brilliant local artist and MAYFACS volunteer.

Suggested Donation £3-£5.  
Materials and Refreshments provided

To book, please contact us on 01435 873888 or email [Freya@mayfacs.org.uk](mailto:Freya@mayfacs.org.uk)

**Thank you** to everyone for their support at the Spring Home and Garden Fair in April where our MAYFACS Volunteers served yummy homemade cakes and refreshments, and the stall holders kindly donated items for our Raffle. We raised £500 so thank you to everyone who came along to enjoy the event, and thanks to our volunteers on the day and our volunteer bakers!

**MAYFACS Moving Sounds** is six special sessions led by Moving Sounds bringing together music and movement for well-being, learning and happiness for all attendees!

**Next Session: Wednesday 21<sup>st</sup> May 2025**

These sessions are also FREE to attend, but places are limited, so please book ASAP to avoid disappointment.

For any more information on either of these new activities, please contact [freya@mayfacs.org.uk](mailto:freya@mayfacs.org.uk) or call us on 01435 873888.



**MAYFACS MOVING SOUNDS**

MAYFACS are incredibly excited to announce six special music and movement sessions led by **Moving Sounds**, and funded by Wealden District Council & East Sussex County Council.

Taking place at **Coltins Mill Church, Mayfield**, these sessions aim to mix music and movement, to bring well-being, learning and happiness for all attendees.

Sessions are FREE to attend, but booking is essential as places are limited. Please book onto as many sessions as you would like to attend! Sessions will run from **10am - 4pm** on the following dates:

|                         |                     |
|-------------------------|---------------------|
| WEDNESDAY 19th February | WEDNESDAY 21st May  |
| WEDNESDAY 18th March    | WEDNESDAY 18th June |
| WEDNESDAY 16th April    | WEDNESDAY 16th July |

[www.mayfacs.org.uk](http://www.mayfacs.org.uk)  
[freya@mayfacs.org.uk](mailto:freya@mayfacs.org.uk)  
01435 873888

**Men on the Move** is a weekly 'walk and talk' group for men, to bring people together to explore the local area together, build connections and get some low-level exercise!

Meet every Tuesday 9.30am (please contact us to confirm meet location each week as it may vary!). FREE TO ATTEND! Join the group and explore the local area. Sorry no dogs.

**Monthly Hearing Aid Maintenance – Next session Wednesday 14<sup>th</sup> May 10.30am – 12pm, London House**

East Sussex Hearing are hosting monthly Hearing Aid Maintenance at MAYFACS office to provide support to Pembury, Eastbourne, Bexhill and Hastings Conquest Audiology patients, with the support of specially trained local volunteers!

Please do drop by and find out what support they can offer (including battery replacements) or where you can be signposted to if they cannot support your specific need.



**EAST SUSSEX HEARING**  
Registered charity 1131153

**FREE Hearing Aid Maintenance (NHS) & Batteries Drop-in Sessions in MAYFIELD**

MAYFACS, London House  
High Street, TN20 6AQ  
on the 2nd Wednesday of each month  
10.30am to 12pm  
12 Feb, 12 Mar, 9 Apr, 14 May, 11 Jun, 9 Jul, 13 Aug

We are a charity and rely on your kind donations to run this service – thank you so much! 🙏

Please note: for Pembury, Eastbourne, Bexhill and Hastings Conquest Audiology patients only

01323 722505 - [mail@eshrc.org](mailto:mail@eshrc.org) - 07950855680

**MAYFACS Create @ The Shed! Youth Sessions**

**Next Session:**

**SATURDAY 7<sup>th</sup> June 2025: 10am – 12pm MONOPRINTING with Ele Ross**

Our next Create @ The Shed session takes place on Saturday 7<sup>th</sup> June for any young people (secondary school suggested ages) interested in getting involved in exploring new skills, being creative and hanging out with like-minded people!

Exploring different forms of creative genres including art, music and tech, sessions take place every 1<sup>st</sup> Saturday of the Month. Booking is essential for each session with limited spaces available. Email us on [create@mayfacs.org.uk](mailto:create@mayfacs.org.uk) to secure your place.

Suggested donations (£5) cover basic materials and are kept to a minimum with funding support MAYFACS receive (and will vary depending on the activity organised). If you would like to attend but need further financial support, please get in touch to discuss. For more information, please visit our website.

## MONTHLY TRIPS – 2025 Trips Schedule

Monthly Trip places will be allocated on a first come first served basis. Please email or pop into the office to secure your place! If you would like to attend any of our trips but need some financial support, please talk to us in confidence. Please visit our website [www.mayfacs.org.uk](http://www.mayfacs.org.uk) for updates of weekly activities or contact us at the MAYFACS Office on 01435 873888.

**SPACES AVAILABLE for : Thurs 5<sup>th</sup> June : Newhaven Fort £19 \*\* lots of steps**  
Please contact the office to book your place.

The logo for MAYFACS COMMUNITY SHED, featuring a circular emblem with a crown and the text 'MAYFACS SHED' and 'COMMUNITY SHED'.

### MAYFACS COMMUNITY SHED

Merrieweathers Farm, East Street, Mayfield TN20 6RJ

The MAYFACS Shed and Community Garden is an opportunity for anyone to come along, meet some friendly people, work in the workshops or outdoor spaces on your own personal projects or community projects.

#### WEEKLY SESSIONS

MONDAY (Mixed Group) 9.30am - 12.30pm  
WEDNESDAY (Men's Group) 9.30am - 12.30pm  
THURSDAY (Mixed Group) 9.30am - 12.30pm

#### REPAIR CAFES

3rd Saturday of every month (no Cafe in December) at MAYFACS Shed (Refreshments available) 10am - 1pm.  
Community Cafe at Five Ashes on Sat 20th April 24

Bring your repairs along, join us for tea and cake, and get to know our Repairers! You are also welcome along without repairs! Volunteer Repairers always welcome!

For more information  
Email us on [theshed@mayfacs.org.uk](mailto:theshed@mayfacs.org.uk)  
Call MAYFACS on 01435 873888  
Visit our website [www.mayfacs.org.uk/theshed](http://www.mayfacs.org.uk/theshed)  
or Follow us on Facebook  
[www.facebook.com/MayfacsShed](https://www.facebook.com/MayfacsShed)

## MAYFACS Community Shed holds 3

Sessions every week for anyone to come along and join in! With inside and new external workshop spaces available across all sessions every week, as well as the community garden, bee keeping and the orchard, there is plenty to get involved in whenever you are available! New Shedders always welcome!

For more information, please visit our website [www.mayfacs.org.uk/theshed](http://www.mayfacs.org.uk/theshed) or email [theshed@mayfacs.org.uk](mailto:theshed@mayfacs.org.uk)

Our next Repair Café will be taking place on **Saturday 17<sup>th</sup> May at The Shed between 10am – 1pm**  
**Last repairs accepted 12.15pm.**

A colorful poster for the MAYFACS REPAIR CAFE. It features a central image of a person working at a workbench. Text includes: 'REPAIR CAFE', 'MAYFACS SHED Merrieweathers Farm, East Street, Mayfield, TN20 6RJ', 'NEXT CAFE: SATURDAY 17<sup>TH</sup> MAY 10AM - 1PM', 'LAST REPAIR ACCEPTED 12.15AM!', 'Bring your repairs along, join us for tea and cake, and get to know our Repairers! We assess all repairs in the workshop and let you know if we can bring them back to life!', 'small furniture repairs', 'clocks and small electrical items', 'ceramics and pottery', 'other small repairs welcome!', 'Please note we cannot take on restoration projects, just repairs!', 'www.mayfacs.org.uk', 'MayfacsShed', '01435 873888'. There are also starburst graphics with text like 'WE REPAIR, YOU RESTORE', 'DONATIONS GREATLY RECEIVED!', 'REPAIR CAFE REUSE', and 'HOMEMADE CAKES & DRINKS'.

We welcome you to find out more about our Repair Cafes, join us for some tea and cakes (you do not need to bring a repair to attend!) and find out more about our MAYFACS Shed and MAYFACS community.

**Little Munchkins Baby and Toddler Group runs term time only.** Please do join us every Wednesday (term time) from 9am – 11am for just £3 per family! All carers, grandparents and parents are very welcome!

We are looking for **volunteer support** to help run this fantastic group, which is supported by a rota of volunteers looking after our lovely families. If you are interested in helping, even if occasionally, please let us know. You do not need to have a child attending the group to help, but you re also welcome to still help run the groups with a child joining in too!! All ages welcome!!

A poster for the LITTLE MUNCHKINS BABY &amp; TODDLER GROUP. It features a colorful logo with a crown and the text 'LITTLE MUNCHKINS BABY &amp; TODDLER GROUP'. Below the logo, it says 'WEDNESDAYS 9AM - 11AM AT MAYFIELD SCOUT HALL £3 PER FAMILY!'. At the bottom, it says 'PARENTS, GRANDPARENTS AND CARERS FROM MAYFIELD, FIVE ASHES AND SURROUNDING AREAS ALL WELCOME.' There are three small photos of children: one in a red dress, one with a mother, and one in a pink dress.

## Paint and Sip Evenings



Our second Paint and Sip event took place on 2<sup>nd</sup> April at the Middle House, with our wonderful Ele leading us painting Van Gogh's Seascape.

These events not only raise much needed funds for MAYFACS but also are a great way to connect and meet people whilst being creative! **Our next event will be in June so stay tuned for more information.**



To register your interest for the next event please email [Freya@mayfacs.org.uk](mailto:Freya@mayfacs.org.uk)



# MAYFACS Weekly Activities

Mon

**MAYFACS Shed Session:** Monday 9.30am - 12.30pm Mixed Group  
Merrieweathers Farm, East Street, Mayfield TN20 6RJ.

Mon

**Yarners:** Chat and knit, sew and crochet in Sew Inspired shop in the High Street,  
£3.50 per person, 1.30-3.30pm.

Tue

**Men on the Move:** weekly "Walk and Talk" group for men, for any age.  
Meet in Court Meadow 9.30am. \*Free to attend.

Tue

**Tuesday Chat:** Regular meet up & chat with refreshments in Colkins Mill Church,  
Station Road. 2-3pm. £2. Every Tues apart from the first Tuesday of the month.

Tue

**Tuesday Afternoon Club:** First Tuesday of the month in Colkins Mill Church, Station  
Road, Mayfield 2-4pm £3 including a Speaker, raffle and a light afternoon tea. Please  
bring a small prize to share for the raffle.

Wed

**Little Munchkins Baby & Toddler Group:** For all carers, parents & grandparents and  
under fives. Every Wednesday, term time only in the Scout Hall 9-11 am. £3 per family.

Wed

**MAYFACS Shed Session:** Wednesday 9.30am - 12.30pm Men's Shed Group  
Merrieweathers Farm, East Street, Mayfield TN20 6RJ.

Wed

**Writing for fun:** A monthly group on 3rd Wednesday of the month at  
10am - 12pm in London House. £3 including refreshments.

Wed

**Wednesday Chat:** Every 2nd & 4th Wednesday, 2-3pm in Five Ashes Village Hall.  
£2. Transport available. (Speaker on 4th Wednesday).

Wed

**MAYFACS Moving Sounds (FEB - JUL):** Monthly music and movement in Colkins  
Mill Church, Station Road. 2-4pm. \*Free to attend. 3rd Wednesday of the month.

Thur

**MAYFACS Shed Session:** Thursday 9.30am - 12.30pm Mixed Group  
Merrieweathers Farm, East Street, Mayfield TN20 6RJ.

Thur

**Poetry:** 1st Thursday 11-12.30 Coach House Cottage, Royal Oak Mews, Mayfield £2.

Thur

**Middle House Lunch:** 2nd Thursday of the month on a rota basis.  
12.30pm £12.50 for senior citizens living alone.

Thur

**Community Café Crowborough :** A dementia friendly group for people to come  
together to enjoy an activity and refreshments. Last Thursday of the month.  
2-4pm. Chaperoned transport available from Mayfield.

Fri

**MAYFACS Film Club (OCT-MAR):** Five Ashes Village Hall. Please see our  
programme of films. 1.45-4pm £6. Transport from Mayfield £3.

Fri

**Art at the Shed (APR-JULY) :** 4th Friday of the month 10 -12 pm £3-5 MAYFACS  
Shed. Materials and refreshments provided. Booking essential.

Fri

**Games/Scrabble/Cribbage:** 3rd Friday of the month 2-4pm £3 at London House,  
bring a game or join in with some friendly games.

Sat

**Create @ the Shed:** 1st Saturday of the month 10am - 12.30pm refreshments  
provided. Donations to cover materials. School age Years 7 - 11. Booking essential.

Sat

**MAYFACS Shed Monthly Repair Cafe** 3rd Saturday of every month (except Dec)  
open 10am - 1pm refreshments available. At MAYFACS Shed.



No need to pre book, unless stated. \* Free to attend as Grant funded  
Please visit [www.mayfacs.org.uk](http://www.mayfacs.org.uk) or contact us on 01435 873888

## VOLUNTEERING OPPORTUNITIES FOR MAYFACS

### MAYFACS Volunteer Opportunities

MAYFACS is fortunate to have some wonderful volunteers. We would love you to join us to make a difference together!

Volunteering can be for as little or as much time as you can offer. It's a great way to meet people and get involved in our MAYFACS Community.

If you would like to volunteer for MAYFACS we would love to hear from you. Pop into the office (London House, Mayfield High Street or email [becky@mayfacs.org.uk](mailto:becky@mayfacs.org.uk)

#### Here are some of our volunteer opportunities

- Community Car Driver
- Mini Bus Driver
- Be a computer/Tech Buddy
- Help out with Admin and become a phone volunteer
- Bake a cake for events and weekly groups
- Toddler Group volunteers
- Shopping volunteers
- Befriending
- MAYFACS Shed and Repair Cafe
- Newsletter/leaflet delivery
- D of E Opportunities
- Community Garden
- Teaching a skill/activity
- Is there a skill you have that you would like to use to support MAYFACS as one of our volunteers?



With such a variety of activities, support and services that MAYFACS offers every day within our community, we cannot do any of this without the support of our volunteers. In order to keep supporting our community we really do need more volunteers to help us deliver!

Volunteering within our community doesn't need to be a regular or big time commitment, but can work around your availability.

If you are interested in volunteering for MAYFACS and would like more information on any of the above volunteer roles, please contact Becky on [becky@mayfacs.org.uk](mailto:becky@mayfacs.org.uk)

## MAYFACS SUPPORT SERVICES



### MAYFACS SUPPORT SERVICES

MAYFACS has many services to help you should you need any additional support at any time. All requests will be treated in the strictest of confidence, and our team will do everything we can to ensure you have access to any help that you need - be it financial, personal, social or medical.

#### MAYFACS Hardship Fund

If you are finding it financially difficult and need some extra support, and live or work within Mayfield and Five Ashes, do contact us in confidence to discuss how we can support you through our Hardship Fund or email [hardshipfund@mayfacs.org.uk](mailto:hardshipfund@mayfacs.org.uk)

#### Food Bank Referrals

We can refer families and individuals to local foodbanks for anyone in need of this support, be it short term or longer. Specific requests/dietary requirements can also be accommodated. Collections or deliveries both available.

#### Community Fridges

Community Fridges are open to anyone, no questions asked. They are there to prevent food waste and support our environment by ensuring food goes to a home. Fridges are available in Heathfield, Uckfield and Hailsham (set times).

#### Community Car Service

Our Community Car Service ensures you get to medical appointments when you have no other way to get there. It is open to anyone who needs it. Whether a local appointment, or further afield, please contact us. This is a paid for service – covering the cost of fuel for our drivers. If cost is a concern, please let us know.

#### Everyday Support & Befriending Services

Should you need any help with emergency shopping, getting to our activities, navigating other support services and agencies, having volunteer befrienders visit you regularly, as well as borrowing a wheelchair, DVD or Jigsaw, then please get in touch! If we can't help, we can tell you who can! We are here for everyone within our community.

For more information about the above or any of MAYFACS activities and services, please visit us in London House, Mayfield, email us on [info@mayfacs.org.uk](mailto:info@mayfacs.org.uk) or call us on 01435 873888 or visit our website [www.mayfacs.org.uk](http://www.mayfacs.org.uk). Alternatively pick up our leaflets from various shops in Mayfield High St, Five Ashes Village Hall, Woodhill Surgery and our noticeboards. Join our eNewsletter mailing or follow our social media.



## MAYFACS UKRAINE SUPPORT HUB

The support email address ([Ukrainesupport@mayfacs.org.uk](mailto:Ukrainesupport@mayfacs.org.uk)) continues to be available at all times and our phone line which is checked daily Monday to Friday (01435 873888) for any further support required, or please visit us at our office anytime to say hello. Our weekly English Lessons are at MAYFACS office every Tuesday 10.30 – 12.30 weekly at London House and are available for all our Ukrainian friends at various levels. Please contact the email above to register interest in attending as dates and times of the sessions may change.

### Support for All on our website: [www.mayfacs.org.uk](http://www.mayfacs.org.uk)

We have been developing our support sections on our website and now have specific areas focusing on **Youth Support** and **Dementia Support** available to everyone within our community and the surrounds. This is on top of signposting for financial and other support. Please do visit our website if you need any advise or help, or come into the office and chat with the team.

**SOCIAL MEDIA** : MAYFACS is on social media! Please follow us to keep up to date with our activities and to learn more about what we do!



@MAYFACS2016



@MAYFACS

@MAYFACSSHED

@MAYFACSREPAIRCAFE

**Contact Details** – Lucy Jervis, Freya Huxtable, Clare Vosloo, Becky Smith, Gill Lawday  
Telephone: 01435 873888 in the first instance and leave a message. We will phone you back.  
[www.mayfacs.org.uk](http://www.mayfacs.org.uk)

**BANK DETAILS** (for donations, payments of trips and activities) – Mayfield & Five Ashes Community Services (MAYFACS) Account No **00029924** Sort Code **40-52-40**

### Easy Fundraising Online

Please consider MAYFACS when doing your online shopping. Over 8000 retailers will donate to MAYFACS when you simply shop Online. This means you can raise a FREE donation for MAYFACS every time you shop online.

<https://easyfundraising.org.uk/causes/mayfacs/>

Emails: [manager@mayfacs.org.uk](mailto:manager@mayfacs.org.uk), [freya@mayfacs.org.uk](mailto:freya@mayfacs.org.uk), [clare@mayfacs.org.uk](mailto:clare@mayfacs.org.uk), [becky@mayfacs.org.uk](mailto:becky@mayfacs.org.uk), [finance@mayfacs.org.uk](mailto:finance@mayfacs.org.uk); [theshed@mayfacs.org.uk](mailto:theshed@mayfacs.org.uk), [ukrainesupport@mayfacs.org.uk](mailto:ukrainesupport@mayfacs.org.uk), [info@mayfacs.org.uk](mailto:info@mayfacs.org.uk); [create@mayfacs.org.uk](mailto:create@mayfacs.org.uk)

Please visit our website [www.mayfacs.org.uk](http://www.mayfacs.org.uk) for updates of weekly activities or contact us at the MAYFACS Office on 01435 873888. You can also join our monthly eNewsletter mailing list to get full details on everything that we do to support our community by contacting [clare@mayfacs.org.uk](mailto:clare@mayfacs.org.uk).

#### Easter Poem

Innocent daffodils recruited as soldiers of the sun,  
Cascading blossom bursts upon the scene.  
Blue carpeted woodland, vibrant green against azure  
sky,

Blossom bright with hope and promise of plenty.  
Hedgerows of yellow and white, woods of blue,  
Cold nights, warmer days, swallows and swifts arrive.  
Is it death or birth? Stowed away in a cave;  
Don't you know me? We thought you were the  
gardener.

The colours of spring, changing suddenly from  
Dreary and dull earth with flowerbeds full of nothing  
Into pictures of paradise exploding wherever one  
looks.

New life. Rise with me.

Poem written by the MAYFACS Writing for Fun Group

## Stay in touch with MAYFACS



Keep an eye on our window displays and noticeboards at London House, or follow us on our social media to stay up to date with information about MAYFACS and MAYFACS Shed

- eNewsletter
- Facebook @mayfacs
- Facebook @mayfacshed
- Facebook @mayfacsrepaircafe
- Instagram @mayfacs2016
- Website [www.mayfacs.org.uk](http://www.mayfacs.org.uk)



MAYFACS, London House, High Street,  
Mayfield TN20 6AQ  
Charity Registration 1166647

