



# Welcome to our MAYFACS eNewsletter

Mayfield & Five Ashes Community Services [www.mayfacs.org.uk](http://www.mayfacs.org.uk) 01435 873888

April 2024

MAYFACS, LONDON HOUSE, HIGH STREET, MAYFIELD, TN20 6AQ  
Registered Charity No. 1166647

We are open in our MAYFACS office at London House, Mayfield High Street, on **Monday, Tuesday and Wednesday between 10am - 1pm every week**. We may be in the office on other occasions around our regular activities in the community but to give you a guaranteed time to see us, please arrive during these times.

**MAYFACS OFFICE Helpline Number:** Please use our 01435 873888 number for COMMUNITY CAR REQUESTS and GENERAL HELP rather than our direct mobile numbers which are not checked every day. We know it rings for a long time, but do leave a message on our answerphone as the phones are checked DAILY (Monday to Friday office hours only) and we will call you back as soon as possible. We do not answer the landline due to confidentiality whilst we have open offices.

**The Helpline and our Mobile Phones are not in operation over the weekends and evenings, so if you leave us a message over Saturday and Sunday, this will not be picked up until the following working day.**

## MAYFACS eNews!

### **MAYFACS first Challenge Events fundraiser!!! Matthew runs the Marathon for MAYFACS**

We are so excited to announce that we have our very first challenge events fundraiser, raising money for MAYFACS by running this year's TCS London Marathon on April 21st!! To make it even more fitting, our star runner is Matthew Holland, running to honour the fantastic work his mum, Shirley, and the team have done over the years!

To read more about Matthew's story, and to find out how to sponsor him **online**, please visit [www.mayfacs.org.uk/matthewmarathon](http://www.mayfacs.org.uk/matthewmarathon). **You can also visit our Office and use the paper based sponsorship forms available (cash only please)**. We wish Matthew all our thanks, strength and energy for the big day, and look forward to letting you all know how it goes after!!! And if anyone is heading into London to support the marathon, please look out for Matthew in his MAYFACS top and cheer him on loudly!!!!

**MAYFACS Bingo Night : Saturday 13<sup>th</sup> April 7.30pm at Mayfield Scout & Guide Hall** – please come along and help raise funds for MAYFACS! No booking required, just turn up and purchase bingo cards on arrival. Raffle and Refreshments available. FREE minibus transport will be available to and from the venue (pre booking needed)

### **VOLUNTEERING OPPORTUNITIES FOR MAYFACS**

With such a variety of activities, support and services that MAYFACS offers every day within our community, we cannot do any of this without the support of our volunteers. And in order to keep supporting our community we really do need more volunteers to help us deliver!

Volunteering within our community doesn't need to be a regular or big time commitment, but can work around your availability.

We are specifically looking for:

- Befriending volunteers (visits, phone calls, individual support)
- Minibus drivers (for matinee film season, trips or activities)
- Community car drivers (for medical appointments)
- Baby and Toddler Group Support Volunteers (weekly rota basis)

If you are interested in volunteering for MAYFACS and would like more information on any of the above volunteer roles, please contact Becky on [becky@mayfacs.org.uk](mailto:becky@mayfacs.org.uk)

## Matinee Film Season now closed – next season launches in October!

Thank you to everyone for supporting this season's MAYFACS Matinee Films, showing 11 fantastic films, and welcoming over 300 people throughout the season!! Thank you also to Andrew Ratcliffe for arranging and hosting the films, and the team of brilliant volunteers who run the events throughout the season. The next season begins in October 2024, so look out for more information nearer the time on our next selection of films!

## Book your place for the MAYFACS Coach trip to Chichester Cathedral for the Festival of Flowers on Friday 7<sup>th</sup> June 2024

**Cost £35 per person  
(includes coach transport)**

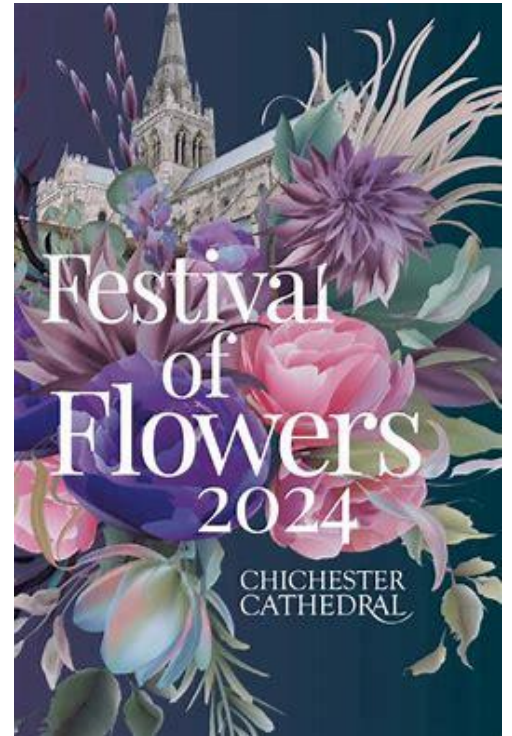
Coach will leave Mayfield and Five Ashes around 9 & 9.15, back around 5pm (to be confirmed nearer the time)

Visitors to the Festival will have the opportunity to experience **60 floral arrangements**, handcrafted by talented florists and flower enthusiasts from across the county. Whether you are a keen gardener or simply appreciate the beauty of flowers, you will find something to inspire and delight you.

Visitors can browse through an exclusive range of stalls within the on-site **Market**, nestled in the Cathedral's 600 year-old Cloisters. The Market offers unique products from a range of Sussex-based suppliers and businesses - from handcrafted floral arrangements, items for house and home, to local wine and produce.

The newly opened **Cloisters Kitchen & Garden** offers a broad selection of teas, coffees, cakes and light lunches. The tranquil Garden setting provides a serene atmosphere to enjoy a leisurely afternoon tea or simply unwind amidst the natural beauty of the Cathedral's surroundings.

To reserve your place, please contact the Mayfacs Office. 8738888 or [clare@mayfacs.org.uk](mailto:clare@mayfacs.org.uk)





**MAYFACS SHED:** Merrieweathers Farm, East Street, Mayfield TN20 6RJ



MAYFACS Shed holds 3 Sessions every week for anyone to come along and join in! With inside and new external workshop spaces available across all sessions every week, as well as lots to get stuck into in the community garden, there is plenty to get involved in whenever you are available! New Shedders always welcome! For more information please visit our website [www.mayfacs.org.uk/theshed](http://www.mayfacs.org.uk/theshed)

**REPAIR  
CAFE**

At MAYFACS Shed

The next Repair Café will be at **FIVE ASHES VILLAGE HALL** on **Saturday 20<sup>th</sup> April 2024 10am – 1pm** and will be our annual **Community Repair Café**. We welcome you to find out more about our Repair Cafes, join us for some tea and cakes (you do not need to bring a repair to attend!) and find out more about our MAYFACS

Shed and MAYFACS community.

Repairs will be accepted from 10am through to 12.15pm and we aim to fix as many items as we can on the day! So please bring along those gardening tools needing a little TLC, or the broken ornaments that need bringing back to life! If we cannot repair it, we will suggest alternative options where available!



## MAYFACS COMMUNITY SHED

Merrieweathers Farm, East Street, Mayfield TN20 6RJ

The MAYFACS Shed and Community Garden is an opportunity for anyone to come along, meet some friendly people, work in the workshops or outdoor spaces on your own personal projects or community projects.

### WEEKLY SESSIONS

**MONDAY (Mixed Group) 9.30am - 12.30pm**  
**WEDNESDAY (Men's Group) 9.30am - 12.30pm**  
**THURSDAY (Mixed Group) 9.30am - 12.30pm**

### REPAIR CAFES

3rd Saturday of every month (no Cafe in December) at MAYFACS Shed (Refreshments available) 10am - 1pm.  
Community Cafe at Five Ashes on Sat 20th April 24

Bring your repairs along, join us for tea and cake, and get to know our Repairers! You are also welcome along without repairs! Volunteer Repairers always welcome!

For more information  
Email us on [theshed@mayfacs.org.uk](mailto:theshed@mayfacs.org.uk)  
Call MAYFACS on 01435 873888  
Visit our website [www.mayfacs.org.uk/theshed](http://www.mayfacs.org.uk/theshed)  
or Follow us on Facebook  
[www.facebook.com/MayfacsShed](http://www.facebook.com/MayfacsShed)



**The MAYFACS Shed** is a fantastic community opportunity for anyone to come along, meet some friendly people, get involved in Shed projects and development, create items in the workshops, work on your own personal projects and repairs – and have lots of cups of tea and chat!! The Shed offers a well-stocked workshop, social area, outside workspaces, our wonderful Orchard with a bee hives, as well as the new community garden.

We hold **3 Sessions every week at MAYFACS Shed!** The inside and new external workshop spaces are available across all sessions every week, as well as opportunities in the garden getting ready for a new season, so there is plenty of opportunities to join us whenever you are available!

Thank you to everyone who came along and supported our MAYFACS Shed fundraising **Quiz** in February. We have raised **£1200** towards our Community Shed, ensuring that we can continue to fit out the shed with equipment and materials required, develop our projects further, grow more in the community garden, and provide a lovely space for people to come together.

For more information, please contact [theshed@mayfacs.org.uk](mailto:theshed@mayfacs.org.uk) or 01435 873888, or come along to one of the sessions above and find out more!



# MAYFACS MONTHLY TRIPS

## SCHEDULE JAN 2024 - AUG 2024



Monthly Trip places will be allocated on a first come first served basis and are open to everyone. To book please pop into the office, phone and leave a message or email [clare@mayfacs.org.uk](mailto:clare@mayfacs.org.uk)



Once you've booked with the office and confirmed there is space available, please pay ASAP to secure your place via:

- a) cheque or cash to the MAYFACS office
- b) card payments in MAYFACS office
- c) BACS transfer (please include your name and the name of the trip/s as the reference)



**Direct bank transfer details: Mayfield & Five Ashes Community Services (MAYFACS), Account Number 00029924, Sort Code 40 52 40**



Refunds can only be given at MAYFACS discretion. If you would like to attend any of our trips but need some financial support, please talk to us in confidence.

- Thursday 21st Mar** Ashford Outlets Shopping Centre £10
- Thursday 18th April** Brighton City (Shoreham) Airport £15
- Thursday 16th May** South Brockwells Farm and Shop and Café, Uckfield £10
- Friday 7th June** Festival of Flowers in Chichester Cathedral (Annual Coach Trip with larger capacity) £35
- Thursday 20th June** Farleys House and Gallery, Chiddingly £32
- Thursday 18th July** Busi Jacobsohn Vineyards tour and tastings, Eridge £36
- AUGUST TRIP TBC**



Most of the monthly trips leave Mayfield at approx. 9-10am and are back about 4pm. The MAYFACS team will contact you a week or so before the Trip and arrange pick up times at our various stops. Because we have to pre order tickets and transport, we will not always be able to offer a refund should you cancel your place. If you are worried about accessibility for any of our activities or trips or have any questions please do let us know.

**Please visit our website [www.mayfacs.org.uk](http://www.mayfacs.org.uk) for updates of weekly activities or contact us at the MAYFACS Office on 01435 873888.**





# MAYFACS Weekly Activities

Mon

**Mayfacs Shed Session:** Monday 9.30am - 12.30pm Mixed Group  
Merrieweathers Farm, East Street, Mayfield TN20 6RJ

Mon

**Yarners:** Chat and knit, sew and crochet in Sew Inspired shop in the High Street, £2 per person, 1.30-3.30pm.

Tue

**Tuesday Chat:** Regular meet up & chat with refreshments in Colkins Mill Church, Station Road. 2-3pm. £2. Every Tues apart from the first Tuesday of the month.

Tue

**Tuesday Afternoon Club:** First Tuesday of the month in Colkins Mill Church, Station Road, Mayfield 2-4pm £3 including a Speaker, raffle and a light afternoon tea. Please bring a small prize to share for the raffle.

Wed

**Little Munchkins Baby & Toddlers Group:** For all carers, parents and grandparents and under fives. Every Wednesday, term time only in the Scout Hall 9-11 am. £3 per family. Refreshments provided.

Wed

**Mayfacs Shed Session:** Wednesday 9.30am - 12.30pm Men's Shed Group  
Merrieweathers Farm, East Street, Mayfield TN20 6RJ

Wed

**Writing for fun:** A monthly group on 3rd Wednesday of the month at 10am - 12pm in London House. £3 including refreshments.

Wed

**Middle House Afternoon Tea (MAR - SEP):** 3rd Wednesday of the month by invitation only (rota basis) 12pm for 12.30. £12.50 for senior citizens living alone.

Wed

**Wednesday Chat:** A chance to meet and chat with refreshments, 2-3pm in Five Ashes Village Hall. £2. Every 2nd and 4th Wednesday. Transport available. (Speaker on 4th Wednesday).

Thur

**Mayfacs Shed Session:** Thursday 9.30am - 12.30pm Mixed Group  
Merrieweathers Farm, East Street, Mayfield TN20 6RJ

Thur

**Poetry:** 1st Thursday of the month 11-12.30 Coach House Cottage, Royal Oak Mews, Mayfield £2.

Thur

**Middle House Lunch:** 2nd Thursday of the month by invitation only on a rota basis. £12.50 for senior citizens living alone. Subsidised 2 course meal.

Thur

**Community Café Crowborough :** A dementia friendly group for people to come together to enjoy an activity and refreshments. Last Thursday of the month. 2-4pm. Chaperoned transport available from Mayfield.

Fri

**MAYFACS Film Club (OCT-MAR):** Five Ashes Village Hall. Please see our programme of films. 1.45-4pm £6. Transport from Mayfield £3

Fri

**Games/Scrabble/Cribbage:** 3rd Friday of the month 2-4pm £3 at London House, bring a game or join in with some friendly games.

Sat

**MAYFACS Shed Monthly Repair Cafe** 3rd Saturday of every month (except Dec) open 10am - 1pm refreshments available. At MAYFACS Shed (April at Five Ashes)



No need to pre book, unless stated. Please visit [www.mayfacs.org.uk](http://www.mayfacs.org.uk) or contact us on 01435 873888.

## MAYFACS UKRAINE SUPPORT HUB

The support email address ([Ukrainesupport@mayfacs.org.uk](mailto:Ukrainesupport@mayfacs.org.uk)) continues to be available at all times and our phone line which is checked daily Monday to Friday (01435 873888) for any further support required, or please visit us at our new office anytime to say hello.

Our weekly English Lessons continue at MAYFACS office in London House and are available for all our Ukrainian friends at various levels. Please contact the email above to register interest in attending as dates and times of the sessions may change.

## MAYFACS SUPPORT SERVICES



**MAYFACS  
Hardship  
Fund**

**MAYFACS SUPPORT SERVICES**  
MAYFACS has many services to help you should you need any additional support at any time. All requests will be treated in the strictest of confidence, and our team will do everything we can to ensure you have access to any help that you need - be it financial, personal, social or medical.

If you are finding it financially difficult and need some extra support, and live or work within Mayfield and Five Ashes, do contact us in confidence to discuss how we can support you through our Hardship Fund or email [hardshipfund@mayfacs.org.uk](mailto:hardshipfund@mayfacs.org.uk)

**Food Bank  
Referrals**

We can refer families and individuals to local foodbanks for anyone in need of this support, be it short term or longer. Specific requests/dietary requirements can also be accommodated. Collections or deliveries both available.

**Community  
Fridges**

Community Fridges are open to anyone, no questions asked. They are there to prevent food waste and support our environment by ensuring food goes to a home. Fridges are available in Heathfield, Uckfield and Hailsham (set times).

**Community  
Car  
Service**

Our Community Car Service ensures you get to medical appointments when you have no other way to get there. It is open to anyone who needs it. Whether a local appointment, or further afield, please contact us. This is a paid for service – covering the cost of fuel for our drivers and cost of providing the service. If cost is a concern, please let us know.

**Everyday  
Support  
Services**

With our incredible team of volunteers, we can support you with emergency shopping, collecting prescriptions, getting to our activities, navigating other support services and agencies, as well as borrowing a wheelchair, DVD or Jigsaw! If we can't help, we can tell you who can! We are here for everyone.

For more information about the above or any of MAYFACS activities and services, please visit us in London House, Mayfield, email us on [info@mayfacs.org.uk](mailto:info@mayfacs.org.uk) or call us on **01435 873888** or visit our website [www.mayfacs.org.uk](http://www.mayfacs.org.uk). Alternatively pick up our leaflets from various shops in Mayfield High St, Five Ashes Village Hall, Woodhill Surgery and our noticeboards. Join our eNewsletter mailing or follow our social media.



**SOCIAL MEDIA :** MAYFACS is on social media! Please follow us to keep up to date with our activities and to learn more about what we do!



**@MAYFACS2016**



**@MAYFACS  
@MAYFACSSHED**

**Contact Details** – Lucy Jervis, Freya Huxtable, Clare Vosloo, Becky Smith  
Telephone: 01435 873888 in the first instance and leave a message. We will phone you back.  
[www.mayfacs.org.uk](http://www.mayfacs.org.uk)

**BANK DETAILS** (for donations, payments of trips and activities) – Mayfield & Five Ashes Community Services (MAYFACS) Account No 00029924 Sort Code **40-52-40**

Emails: [manager@mayfacs.org.uk](mailto:manager@mayfacs.org.uk), [freya@mayfacs.org.uk](mailto:freya@mayfacs.org.uk), [clare@mayfacs.org.uk](mailto:clare@mayfacs.org.uk), [becky@mayfacs.org.uk](mailto:becky@mayfacs.org.uk), [theshed@mayfacs.org.uk](mailto:theshed@mayfacs.org.uk), [ukrainesupport@mayfacs.org.uk](mailto:ukrainesupport@mayfacs.org.uk), [info@mayfacs.org.uk](mailto:info@mayfacs.org.uk)

Please visit our website [www.mayfacs.org.uk](http://www.mayfacs.org.uk) for updates of weekly activities or contact us at the MAYFACS Office on 01435 873888. You can also join our monthly eNewsletter mailing list to get full details on everything that we do to support our community by contacting [clare@mayfacs.org.uk](mailto:clare@mayfacs.org.uk).