



Welcome to our MAYFACS eNewsletter

Mayfield & Five Ashes Community Services www.mayfacs.org.uk 01435 873888



October 2026

MAYFACS, LONDON HOUSE, HIGH STREET, MAYFIELD, TN20 6AQ
Registered Charity No. 1166647

MAYFACS OFFICE OPENING TIMES: Monday, Tuesday and Wednesday between 10am - 1pm every week.
Helpline phone number is monitored Monday to Friday only.

MAYFACS OFFICE Helpline Number: Please use our **01435 873888** number for COMMUNITY CAR REQUESTS and GENERAL HELP rather than our direct mobile numbers which are not checked every day. We know it rings for a long time, but do leave a message on our answerphone as the phones are checked DAILY (Monday to Friday office hours only) and we will call you back as soon as possible. We do not answer the landline due to confidentiality whilst we have open offices. **The Helpline and our Mobile Phones are not in operation over the weekends and evenings, so if you leave us a message over Saturday and Sunday, this will not be picked up until the following working day.**

OCTOBER MAYFACS eNews

As the Summer starts to feel a long time ago, MAYFACS are getting ready for the colder months to come. East Sussex Fire & Rescue are running Free Electric Blanket testing in Crowborough and Uckfield in October. Please take along your electric blankets/heat pads for a free safety check on either of the following dates:

Mon 19th October, 2-4pm at Crowborough Fire Station, Beacon Road, TN6 1AF
Thurs 22nd October, 2-4pm at Uckfield Fire Station, Bell Farm Road, TN22 1BA

We have refreshed and moved our **Jigsaw Library** in London House so you can come and browse at any time (office opening hours only) and borrow a jigsaw to take home with you. We have the back catalogue from our MAYFACS Matinee Films over the years on DVD if you would like to borrow a film at any time. Just pop in and collect at your leisure.

Cookery Demonstrations: We have two workshops coming up with the fantastic Community Chef, demonstrating energy efficient cooking. Both sessions allow us to enjoy tasting the delicious meals prepared (please note both serve the same menu so only book on for one). Please reserve your space as places are limited.

Tues 13th October – Men's only session from 11am – 1pm at Mayfield Cricket Club
Tues 20th October – All welcome, 11am – 1pm at Mayfield Cricket Club

Fundraising for MAYFACS:

MAYFACS Musical Bingo Fundraising Event – Friday 9th October at Mayfield Cricket Club.

Join us for a fun-filled musical bingo evening! Sing along to some 80's classics or your favourite Rock and Roll number, and fill your bingo card for the winning full house! This is a communal way to play bingo so no teams required! Bring a group or come ready to mingle and sing along!

Tickets £10 per person including all Bingo Cards required!

Licensed Bar available to purchase drinks and nibbles

Please book your places by email or through
MAYFACS office or Mayfield cricket club email: info@mayfacs.org.uk



Free Electric Blanket and Heat Pad Testing 2026

Monday 19 th October		
Crowborough Fire Station:	Beacon Road, TN6 1AF	14.00 - 16.00
Thursday 22 nd October		
Uckfield Fire Station	Bell Farm Rd, TN22 1BA	14.00 - 16.00

Bring your electric blanket and/or heat pad along for a **FREE** safety check at any of the above events. If you are unable to attend, please ask a friend or neighbour to bring your blanket for you.

East Sussex Fire & Rescue Service working with partners for your safety
www.esfrs.org

ON THE MENU

PRESSURE COOKER + AIR FRYER

Carrot, Lentil & Tomato Soup
with cheesy flatbreads

INDUCTION HOB

Roast Vegetable Tortilla
with red pepper relish

AIR FRYER

Baked Apples
stuffed with raisins, walnuts & warming spices

RAISING MONEY FOR MAYFACS!

MUSICAL BINGO

Join us for a fun-filled musical bingo evening! Sing along to some 80's classics or your favourite Rock and Roll number, and fill your bingo card for the winning full house! This is a communal way to play bingo so no teams required! Bring a group or come ready to mingle and sing along!

Tickets £10 per person including all Bingo Cards required!
Licensed Bar available to purchase drinks and nibbles

FRIDAY 9TH OCTOBER 2026	7.00 PM - 10.00 PM	MAYFIELD CRICKET CLUB MAYFIELD
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PLEASE BOOK YOUR PLACES BY EMAIL OR THROUGH
MAYFACS OFFICE OR MAYFIELD CRICKET CLUB
info@mayfacs.org.uk 01435 873888

Paint and Sip – Wednesday 11th November 2026 7pm at Middle House Mayfield
£30 per person. Email freya@mayfacs.org.uk to confirm your place.

Regular Activities: - please see our updated Activities list on page 6



MONTHLY TRIPS – 2026 Trips Schedule

Monthly Trip places will be allocated on a first come first served basis. Please email or pop into the office to secure your place! If you would like to attend any of our trips but need some financial support, please talk to us in confidence.

Thurs 8th October: Knit & Stitch Show in Alexandra Palace, London £36

Saturday 21st November: Eric & Ern Matinee Show, Trinity Tunbridge Wells £28

Community Lunch Club – Next date 6th October at Mayfield Cricket Club

Booking is essential for us to ensure we cater for enough people each session and ensure any dietary requirements are catered for (veggie option will be available). Please contact us to book your space or find out more about our Lunch Clubs on freya@mayfacs.org.uk or 01435 873888.

With huge thanks to funding from Community Action, we have been able to set up the Lunch Club in the idyllic location of Mayfield Cricket Club, with the Community Chef training our team of fabulous volunteers to prepare and serve a healthy and nutritious two-course lunch to our community, at an affordable donation. The food will include fresh produce where available from MAYFACS Community Garden and delicious meat donated by Leppards Butchers.

The Lunch Club is open to ANYONE, of all ages, to enjoy social eating together - come on your own to meet new connections, bring a friend or two, or join us as a family or group. Transport is available to get to the club from both Mayfield High Street and Five Ashes Bus Stop (please contact us for details).

Mayfacs Matinee Films – Friday 9th October Join us for our new season of Matinee Films at Five Ashes Village Hall. Our flyer is available to collect from our office with the programme and dates for the next 6 months or refer to our website.

Everyone is welcome to come along to our Film shows.....Don't worry if you don't normally attend MAYFACS events. Films are open to everyone of all ages! Welcome to invite friends who live outside Mayfield and Five Ashes too. We ask that you pay £6 per head and bring cash on the day.

Doors open at 1.30pm and the film starts at 1.45pm. Tea and cake are served at the Interval

Minibus available between Mayfield and Five Ashes for £3 per person. No need to book. Collection from Middle House 1.10pm and St Thomas of Canterbury 1.20pm.

Friday 9th October – Glenrothan

Friday 6th November – Downton: The Grand Finale

Our **Scrabble group** returns to play on the third Friday of the month for a relaxed game in London House from 2pm. New members of any age welcome, with no commitment required. **Next date: 16th October at London House**



OCTOBER 9TH: GLENROTHAN



Brian Cox UK 2025
97m 12A

After 35 years in New York, Donal returns to Scotland to make amends with his brother Sandy who has been running the family distillery and now wants to retire. Comedy drama.



Little Munchkins Baby and Toddler Group (term time only). Not running 28th October HALF TERM

Please do join us every Wednesday (term time) from 9.15am – 11.15am at Mayfield Scout Hall for just £3 per family! All carers, grandparents and parents are very welcome! Lots of toys and activities available for the little ones, and a cuppa and chat for the others.

MAYFACS Moving Sounds last session on Wed 21st October at Five Ashes Village Hall 2pm – 3pm

This is the last session of this block of bookings with Keith and his team of musicians at Five Ashes Village Hall, with thanks to funding support from Wealden District Council and East Sussex County Council. Please join us for one last time!

Moving Sounds explores music and movement in a fun environment, and this year we are lucky to be receiving visits from our younger students at Five Ashes Primary School. Ideal for anyone with limited mobility – but welcomes everyone who enjoys music to come along and get involved as much or as little as you want! £2 per session, and transport is available to get to Five Ashes Village Hall if required. There is ample parking at the Hall as well.



MAYFACS are incredibly excited to announce six special music and movement sessions led by **Moving Sounds**, and funded by Wealden District Council & East Sussex County Council.



Taking place at **Five Ashes Village Hall** these sessions aim to mix music and movement, to bring well-being, learning and happiness for all attendees.



The Bereavement Café is a welcoming, informal space where people who have experienced loss can come together to talk, listen, and share their experiences of grief.

It's not a counselling session, but rather a monthly supportive community gathering that helps reduce isolation and encourages open conversation about loss and healing.

For more details or directions please don't hesitate to contact us.

WE MEET ON THE LAST FRIDAY OF THE MONTH 10am – 12pm ALTERNATELY AT MAYFIELD CRICKET CLUB THEO SEA AND THE INSTITUTE, ROTHERFIELD TN6 3LX

FREE TO ATTEND DONATIONS WELCOME LIMITED SPACES AVAILABLE

30 th Jan 2026 - Mayfield	3 rd July 2026 - Mayfield
27 th Feb 2026 - Rotherfield	28 th Aug 2026 - Rotherfield
27 th March 2026 - Mayfield	25 th Sept 2026 - Mayfield
24 th April 2026 - Rotherfield	30 th Oct 2026 - Rotherfield
29 th May 2026 - Mayfield	27 th Nov 2026 - Mayfield
26 th June 2026 - Rotherfield	

01435 873888

RSM

01892 853021

Bereavement Café (last Friday of each month, 10am – 12pm)

Friday 30th October 2026 at RSM, The Institute, Rotherfield TN6 3LX

Friday 27th November at Mayfield Cricket Club, Mayfield

MAYFACS have partnered with Rotherfield St Martins (RSM) to build a welcoming and informal space for people who have experienced loss, to come together, talk and listen and support one another at a monthly Bereavement Café. We will be holding our Café on the last Friday of each month, and it will be alternating in location between Mayfield and Rotherfield.

Everyone is welcome to attend both locations, and the sessions will be run by the same team of volunteers each month. **No need to book**, but welcome to contact either MAYFACS or RSM for further info before coming if you prefer.

MAYFACS Community Shed holds 3 Sessions every week for anyone to come along and join in! With inside and new external workshop spaces available across all sessions every week, as well as the community garden, bee keeping and the orchard, there is plenty to get involved in whenever you are available! New Sheddies always welcome!

For more information, please visit our website

www.mayfacs.org.uk/the-shed or email theshed@mayfacs.org.uk

Our next Repair Café will take place at MAYFACS Shed on Saturday 17th October between 10am – 1pm (last repairs accepted 12.15pm)

We welcome you to find out more about our Repair Cafes, join us for some tea and cakes (you do not need to bring a repair to attend!) and find out more about our MAYFACS Shed and MAYFACS community. www.facebook.com/mayfacsrepaircafe



MAYFACS COMMUNITY SHED

Merrieweathers Farm, East Street, Mayfield TN20 6RJ

The MAYFACS Shed and Community Garden is an opportunity for anyone to come along, meet some friendly people, work in the workshops or outdoor spaces on your own personal projects or community projects.

WEEKLY SESSIONS

MONDAY (Mixed Group) 9.30am - 12.30pm
WEDNESDAY (Men's Group) 9.30am - 12.30pm
THURSDAY (Mixed Group) 9.30am - 12.30pm

REPAIR CAFES

3rd Saturday of every month (no Cafe in December) at MAYFACS Shed (Refreshments available) 10am - 1pm.
Community Cafe at Five Ashes on Sat 20th April 24

Bring your repairs along, join us for tea and cake, and get to know our Repairers! You are also welcome along without repairs! Volunteer Repairers always welcome!

For more information
Email us on theshed@mayfacs.org.uk
Call MAYFACS on 01435 873888
Visit our website www.mayfacs.org.uk/the-shed
or Follow us on Facebook
www.facebook.com/MayfacsShed



Support for All on our website: www.mayfacs.org.uk. Our website has specific information sections for **Youth Support** and **Dementia Support** available to everyone within our community and the surrounds. This is on top of signposting for **financial and other support**. Please do visit our website if you need any advise or help, or come into the office and chat with the team.

SOCIAL MEDIA : MAYFACS is on social media! Please follow us to keep up to date with our activities and to learn more about what we do! MAYFACS OFFICE info@mayfacs.org.uk
www.mayfacs.org.uk

BANK DETAILS: (for donations, payments of trips and activities)
Mayfield & Five Ashes Community Services (MAYFACS)
 Account No 00029924 Sort Code 40-52-40

Alternatively, please visit our website www.mayfacs.org.uk and follow the **DONATE** button on every page to securely donate via **CAF DONATE**. We can automatically collect Gift Aid on top of every donation made via this service.

Contact Details :

Lucy Jervis, Freya Huxtable, Clare Vosloo, Becky Smith.

Telephone: 01435 873888 in the first instance and leave a message. We will phone you back. Emails:

manager@mayfacs.org.uk, freya@mayfacs.org.uk, clare@mayfacs.org.uk, becky@mayfacs.org.uk,
finance@mayfacs.org.uk; theshed@mayfacs.org.uk, ukrainesupport@mayfacs.org.uk, info@mayfacs.org.uk;
create@mayfacs.org.uk.

Stay in touch with MAYFACS

Keep an eye on our window displays and noticeboards at London House, or follow us on our social media to stay up to date with information about MAYFACS and MAYFACS Shed

- eNewsletter
- Facebook @mayfacs
- Facebook @mayfacsshed
- Facebook @mayfacsrepaircafe
- Instagram @mayfacs2016
- Website www.mayfacs.org.uk

MAYFACS, London House, High Street, Mayfield TN20 6AQ
 Charity Registration 1166647



MAYFACS SUPPORT SERVICES

MAYFACS has many services to help you should you need any additional support at any time. All requests will be treated in the strictest of confidence, and our team will do everything we can to ensure you have access to any help that you need - be it financial, personal, social or medical.

Everyday Support Services

With our incredible team of volunteers, we can support you should you need help with emergency shopping, collecting prescriptions, getting to our activities, navigating other support services and agencies, as well as borrowing a wheelchair, DVD or Jigsaw! If you need us for anything, please just get in touch, and if we can't help, we can tell you who can! We are here for everyone within our community.

Community Car Service

Our Community Car Service ensures you can get to medical appointments when you may have no other way to get there and is open to anyone who needs to use it. Our growing team of volunteers can drive you to these appointments and get you safely home again. Whether it is a local appointment, or further afield, please contact us. This is a paid for service - literally covering the cost of providing the service and fuel for our drivers, however, if cost is a concern, please always let us know and we can look at ways we can support this for you.

Community Fridges

Community Fridges are available at Heathfield, Hailsham and Uckfield and are open to anyone, no questions asked, to collect food as and when you need it. They are there to prevent food waste and support our environment by ensuring food goes to a home. They receive donations from supermarkets, cafes, local produce suppliers, and other generous donors, as well as the general public.

Food Bank Referrals

We are able to make referrals for families and individuals to local foodbanks for anyone in need of this support, be it short term or longer. Parcels are created for you, and specific requests/dietary requirements can also be accommodated. Collections or deliveries to your house are both available. Anyone who wishes to donate food to the local foodbanks can do so at their local supermarkets and help support others in need.

MAYFACS Hardship Fund

You may be finding it difficult to make ends meet following the recent pandemic and cost of living crisis, or through a change in living or family situation. If you are finding it difficult and need some extra support, and live or work within Mayfield and Five Ashes, do contact us in confidence to discuss how we can support you through our Hardship Fund or email hardshipfund@mayfacs.org.uk

For more information about the above or any of MAYFACS activities and services, please visit us in London House, Mayfield, email us on info@mayfacs.org.uk or call us on **01435 873888**. Alternatively pick up our leaflets from various shops in Mayfield High St, Five Ashes Village Hall, Woodhill Surgery, information booths and our noticeboards! Join our eNewsletter mailing list or follow our social media or our website www.mayfacs.org.uk.





MAYFACS MONTHLY TRIPS

SCHEDULE AUGUST - DECEMBER 2026



Monthly Trip places will be allocated on a first come first served basis and are open to everyone. To book please pop into the office, phone and leave a message or email clare@mayfacs.org.uk



Once you've booked with the office and confirmed there is space available, please pay ASAP to secure your place via:

- a) cheque or cash to the MAYFACS office
- b) card payments in MAYFACS office
- c) BACS transfer (please include your name and the name of the trip/s as the reference)



Direct bank transfer details: Mayfield & Five Ashes Community Services (MAYFACS), Account Number 00029924, Sort Code 40 52 40



Refunds can only be given at MAYFACS discretion. If you would like to attend any of our trips but need some financial support, please talk to us in confidence.

Thurs 6th Aug Mousehall spirits and winery (Tour & Tasting) £20

Thurs 10th Sep Hever Castle craft fair £28

Thurs 1st Oct Amelia Scott Tour of museum Tunbridge Wells £18

Thurs 8th Oct Knit & Stitch Show in Alexandra Palace, London £36

Sat 21st Nov Eric and Ern Show at Trinity Theatre (Matinee) £28

Thurs 3rd Dec Bluewater Christmas shopping Trip £12



Most of the monthly trips leave Mayfield and Five Ashes at approx. 9-10am and are back about 4pm. The MAYFACS team will contact you a week or so before the Trip and arrange pick up times at our various stops. Because we have to pre order tickets and transport, we will not always be able to offer a refund should you cancel your place. If you are worried about accessibility for any of our activities or trips or have any questions please do let us know.

Please visit our website www.mayfacs.org.uk for updates of weekly activities or contact us at the MAYFACS Office on 01435 873888.



MAYFACS Weekly Activities

Mon

MAYFACS Shed Session (Mixed Group): Monday 9.30am - 12.30pm Mixed Group
Merrieweathers Farm, East Street, Mayfield TN20 6RJ.

Mon

Yarners: Chat and knit, sew and crochet in Sew Inspired shop in the High Street,
£3.50 per person, 1.30-3.30pm.



Tue

Men on the Move: weekly "Walk and Talk" group for men, for any age.
Meet in various different locations 9.30am. Free to attend.

Tue

Tuesday Chat: Regular meet up & chat with refreshments in Colkins Mill Church,
Station Road. 2-3pm. £2. Every Tues apart from the first Tuesday of the month.

Tue

NEW

Tuesday Lunch Club: 1st Tuesday of the month at Mayfield Cricket Club, Mayfield
12-2pm. Nutritious home cooked meal and friendly company provided.
Booking essential £8 per person



Wed

Little Munchkins Baby & Toddler Group: For all carers, parents & grandparents and
under fives. Every Wednesday, term time only. Scout Hall 9.15-11.15 am. £3 per family.

Wed

MAYFACS Shed Session (Men's Group): Wednesday 9.30am - 12.30pm Men's Shed
Group Merrieweathers Farm, East Street, Mayfield TN20 6RJ.

Wed

Writing for fun: A monthly group on 3rd Wednesday of the month at
10am - 12pm in London House. £3 including refreshments.

Wed

Wednesday Chat: Monthly meet up & chat with refreshments in Five Ashes Village
Hall. Every 2nd Wednesday 2-3pm £2.



Thur

MAYFACS Shed Session (Mixed Group): Thursday 9.30am - 12.30pm Mixed Group
Merrieweathers Farm, East Street, Mayfield TN20 6RJ.

Thur

Poetry: 1st Thursday 11-12.30 Coach House Cottage, Royal Oak Mews, Mayfield £2.

Thur

Middle House Lunch: 2nd Thursday of the month on a rota basis.
12.30pm £12.50 for senior citizens living alone.

Thur

Community Café Crowborough : A dementia friendly group for people to come
together to enjoy an activity and refreshments. Last Thursday of the month.
2-4pm. Chaperoned transport available from Mayfield. Free to attend.



Fri

Bereavement Cafe: last Friday of the month 10- 12pm. Working with RSM,
alternately at Mayfield Cricket Club and The Institute, Rotherfield. Refreshments
provided. Free to attend

Fri

MAYFACS Film Club (SEPT-MAR): Starts 25th Sept Five Ashes Village Hall. Please
see our programme of films. 1.45-4pm Film £6 . Transport from Mayfield £3.

Fri

Board Games/Scrabble: 3rd Friday of the month 2-4pm £3 at London House,
bring a game or join in with others.



Sat

MAYFACS Shed Monthly Repair Cafe 3rd Saturday of every month (except Dec)
open 10am - 1pm refreshments available. Last repair 12.15pm.



No need to pre book, unless stated. Transport can be provided to attend our groups at a small charge, just contact us. Please visit www.mayfacs.org.uk or contact us on 01435 873888