

Welcome to our MAYFACS eNewsletter

Mayfield & Five Ashes Community Services www.mayfacs.org.uk 01435 873888

November 2025

MAYFACS, LONDON HOUSE, HIGH STREET, MAYFIELD, TN20 6AQ Registered Charity No. 1166647

MAYFACS OFFICE OPENING TIMES: Monday, Tuesday and Wednesday between 10am - 1pm every week. Helpline phone number is monitored Monday to Friday only.

MAYFACS OFFICE Helpline Number: Please use our 01435 873888 number for COMMUNITY CAR REQUESTS and GENERAL HELP rather than our direct mobile numbers which are not checked every day. We know it rings for a long time, but do leave a message on our answerphone as the phones are checked DAILY (Monday to Friday office hours only) and we will call you back as soon as possible. We do not answer the landline due to confidentiality whilst we have open offices. The Helpline and our Mobile Phones are <u>not</u> in operation over the weekends and evenings, so if you leave us a message over Saturday and Sunday, this will not be picked up until the following working day.

November MAYFACS eNews

Trustees for MAYFACS

We are very excited to welcome three new Trustees to the MAYFACS team! Matt, Gill and Elizabeth have been appointed within our board at our recent AGM and we look forward to their incredible valuable input and expertise to further develop our charity into the future. We also have a new Chair of Trustees with Cathy taking over from Lucy. We would also like to say a HUGE thank you to retiring Trustees Caroline, Tessa and Richard, who have all served as Trustees for MAYFACS for 9 years since the formation of our charity. Lucy has also led our Trustee Board since we formed, but remains a Trustee. We are so grateful for all their hard work and support over the many years.

Fundraising for MAYFACS

Co-op Local Community Fund We have been selected as one of the three local causes for members to select to support through their shopping. This is incredibly exciting news as we will be raising funds for youth support within our community.

The funding is not based on how much money is spent instore by members, it is all based on number of members supporting our cause for the 12 months period. And you do not need to be local to us either so family and friends can also support MAYFACS from afar! Therefore, if you are already Co-op members and can go into your account and select MAYFACS as your local cause that would be amazing.

If you aren't a member and would consider downloading the app and selecting MAYFACS as your local cause, follow this link to sign up, and don't forget to choose MAYFACS as your local cause!

https://coopapp.onelink.me/ftOk/k7ir7q6n

If you have any problems accessing your account or need support logging in or signing up - please come and see us and we will be more than happy to help!

Mayfield Fireworks Display – Saturday 15th November

MAYFACS is one of the collecting charities for this year's Mayfield Fireworks Display on Saturday 15th November between 5pm – 7.30pm in Court Meadow, Mayfield. Please come along and enjoy the celebrations and support the local charities!

Easy Fundraising Online – raise funds for FREE whilst Christmas Shopping!!!

Please consider MAYFACS when doing your online shopping especially in the run up to Christmas. Over 8000 retailers will donate to MAYFACS when you simply shop Online. This means you can raise a FREE donation for MAYFACS every time you shop online. All you need to do is to sign up to Easy Fundraising, choose MAYFACS and then shop as normal!

https://easyfundraising.org.uk/causes/mayfacs/

Paint and Sip – Wednesday 19th November at Mayfield Cricket Club

Our next Paint and Sip event will be inspired by the beautiful Mayfield in the snow – an opportunity to paint your own inspired picture of a local view! Book early to avoid disappointment! £30 per person. Email freya@mayfacs.org.uk to confirm your place or to be on the mailing list for the next one!!

Recycling your Ink Cartridges for MAYFACS

Don't forget that we are collecting empty ink cartridges, sending them off for recycling and turning them into funds for MAYFACS! Cartridges can either be dropped to MAYFACS office or to Mayfield Post Office. Thank you!

Regular activities



MAYFACS Matinee Films – Next Film Friday 7th November: Lee

We are lucky enough to welcome the son of Lee Miller and Roland Penrose to our showing of the film LEE, starring Kate Winslet, on Friday 7th Nov at 1.45pm. At Five Ashes Village Hall. Doors open 1.30, Film starts at 1.45. Everyone is welcome. The film is based on Antony's biography of his mother titled The Lives of Lee Miller and he was closely involved in its making for nine years. Antony will introduce the film and will be available for questions before the film starts. See Mayfacs Homepage for further information.

As always, a delicious selection of cakes and refreshments will be available to purchase on the day. Transport will be available from Mayfield. £6 per person for Film admission, £3 for return transport. Collection from Memorial Hall (1.10pm) and St Thomas of Canterbury (1.20pm). No need to book just be at the bus stop to be picked up. Please be reminded there is *No Film in December – back 9th January : Maria*

Little Munchkins Baby and Toddler Group (term time only)

Please do join us every Wednesday (term time) from 9am – 11am at Mayfield Scout Hall for just £3 per family! All carers, grandparents and parents are very welcome! Lots of toys and activities available for the little ones, and a cuppa and chat for the others ©

Monthly Hearing Aid Maintenance – Next session Wednesday 12th November 10.30am – 12pm, London House East Sussex Hearing are hosting monthly Hearing Aid Maintenance at MAYFACS office to provide support to Pembury, Eastbourne, Bexhill and Hastings Conquest Audiology patients (now also extended to Specsavers (Eastbourne, Seaford and Uckfield) and Brighton Audiology patients), with the support of specially trained local volunteers! Please do drop by and find out what support they can offer (including battery replacements) or where you can be signposted to if they cannot support your specific need.

MAYFACS Create @ The Shed! Youth Sessions

Next Session: 1st November 2025: 10am - 12pm WOODWORK

Our next Create@theshed session is really exciting! Working with our fantastic Shedders at MAYFACS Community Shed , we will be working with a small group of young people to make your very own games console stand from scratch! Using some basic woodwork equipment under close supervision and support, we are very excited to bring some woodworking skills to our sessions! This takes place over TWO sessions (Sat 1st Nov & 6th Dec) so commitment to both dates is required (£5 per session). NOW FULLY BOOKED

Exploring different forms of creative genres including art, music and tech, CREATE@THE SHED sessions take place every 1st Saturday of the Month. Booking is essential for each session with limited spaces available. Email us on create@mayfacs.org.uk to secure your place. Suggested donations (£5) cover basic materials and are kept to a minimum with funding support MAYFACS receive (and will vary depending on the activity organised). If you would like to attend but need further financial support, please get in touch to discuss. For more information, please visit our website.

<u>Men on the Move</u> is a weekly 'walk and talk' group for men, to bring people together to explore the local area together, build connections and get some low-level exercise!

Meet every Tuesday 9.30am (please contact us to confirm meet location each week as it may vary!). FREE TO ATTEND! Join the group and explore the local area. Sorry no dogs.

MONTHLY TRIPS – 2025 Trips Schedule

Monthly Trip places will be allocated on a first come first served basis. Please email or pop into the office to secure your place! If you would like to attend any of our trips but need some financial support, please talk to us in confidence.

Thurs 6th November: Bluewater Shopping Trip £12 (2 spaces available)

Thurs 4th December: Bowling at Hailsham £16 (spaces available)

We are excited to announce our **2026 Monthly Trips** from January to June next year. See details below (page 5). **Book early to avoid disappointment.**

MAYFACS Community Shed holds 3 Sessions every week for anyone to come along and join in! With inside and new external workshop spaces available across all sessions every week, as well as the community garden, bee keeping and the orchard, there is plenty to get involved in whenever you are available! New Shedders always welcome!

For more information, please visit our website www.mayfacs.org.uk/theshed or email theshed@mayfacs.org.uk



Our next Repair Café will take place at MAYFACS Shed on Saturday 15th November between 10am – 1pm (last repairs accepted 12.15pm)

We welcome you to find out more about our Repair Cafes, join us for some tea and cakes (you do not need to bring a repair to attend!) and find out more about our MAYFACS Shed and MAYFACS community.

www.facebook.com/mayfacsrepaircafe









Volunteering for MAYFACS

Community Car Drivers Needed! Expenses are reimbursed for your costs of travel.

Our Community Car Service runs every day of the week for those who need to access medical appointments but cannot get there any other way. In the last 4 months, requests have increased by 60% which could mean an additional 200+ drives this year! More appointments are being scheduled for Saturdays to get people the medical

care they need in hospitals that are getting through waiting lists. This means we really do need more help to support this vital service for our community.

Do you work Monday to Friday, and would love to volunteer for MAYFACS, but only available on Saturday's? Do you have any spare time to undertake a drive every now and then? Do you know if your Employers offer matched volunteering time as part of their Corporate Social Responsibility programme?

Community Car Volunteers can choose what how often they are available to drive for us and the more drivers we have, the more this shares the support needed. You can also choose whether you prefer to support local drives within our Parish or travel further afield. It really can be flexible around what you can offer. **Expenses are reimbursed for your costs of travel.**

The service is open to anyone who needs help getting to medical appointments, and it really does make a huge difference. For more information, please contact becky@mayfacs.org.uk. Please do contact up if you are interested in becoming a community car driver or any other volunteering role within MAYFACS.

Support Services

MAYFACS UKRAINE SUPPORT HUB

The support email address (<u>Ukrainesupport@mayfacs.org.uk</u>) continues to be available at all times and our phone line which is checked daily Monday to Friday (01435 873888) for any further support required, or please visit us at our office anytime to say hello. Our weekly **English Lessons** are at MAYFACS office every Tuesday 10.30 – 12.30 weekly at London House and are available for all our Ukrainian friends at various levels. Please contact the email above to register interest in attending as dates and times of the sessions may change.



Community

Car

Service

Community

Fridges

Food Bank

Referals

MAYFACS

Hardship

Fund

MAYFACS SUPPORT SERVICES

MAYFACS has many services to help you should you need any additional support at any time. All requests will be treated in the strictest of confidence, and our team will do everything we can to ensure you have access to any help that you need - be it financial, personal, social or medical.

Everyday
Support
Services

With our incredible team of volunteers, we can support you should you need help with emergency shopping, collecting prescriptions, getting to our activities, navigating other support services and agencies, as well as borrowing a wheelchair, DVD or Jigsaw! If you need us for anything, please just get in touch, and if we can't help, we can tell you who can! We are here for everyone within our community.

Our Community Car Service ensures you can get to medical appointments when you may have no other way to get there and is open to anyone who needs to use it. Our growing team of volunteers can drive you to these appointments and get you safely home again. Whether it is a local appointment, or further afield, please contact us. This is a paid for service – literally covering the cost of providing the service and fuel for our drivers, however, if cost is a concern, please always let us know and we can look at ways we can support this for you.

Community Fridges are available at Heathfield, Hailsham and Uckfield and are open to anyone, no questions asked, to collect food as and when you need it. They are there to prevent food waste and support our environment by ensuring food goes to a home. They receive donations from supermarkets, cafes, local produce suppliers, and other generous donors, as well as the general public.

We are able to make referrals for families and individuals to local foodbanks for anyone in need of this support, be it short term or longer. Parcels are created for you, and specific requests/dietary requirements can also be accommodated. Collections or deliveries to your house are both available. Anyone who wishes to donate food to the local foodbanks can do so at their local supermarkets and help support others in need.

You may be finding it difficult to make ends meet following the recent pandemic and cost of living crisis, or through a change in living or family situation. If you are finding it difficult and need some extra support, and live or work within Mayfield and Five Ashes, do contact us in confidence to discuss how we can support you through our Hardship Fund or email hardshipfund@mayfacs.org.uk

For more information about the above or any of MAYFACS activities and services, please visit us in London House, Mayfield, email us on info@mayfacs.org.uk or call us on 01435 873888. Alternatively pick up our leaflets from various shops in Mayfield High St, Five Ashes Village Hall, Woodhill Surgery, information booths and our noticeboards! Join our eNewsletter mailing list or follow our social media or our website www.mayfacs.org.uk.











Support for All on our website: www.mayfacs.org.uk

We have been developing our support sections on our website and now have specific areas focusing on **Youth Support** and **Dementia Support** available to everyone within our community and the surrounds. This is on top of signposting for financial and other support. Please do visit our website if you need any advice or help, or come into the office and chat with the team.



MAYFACS MONTHLY TRIPS

SCHEDULE JANUARY - JUNE 2026



Monthly Trip places will be allocated on a first come first served basis and are open to everyone. To book please pop into the office, phone and leave a message or email clare@mayfacs.org.uk



Once you've booked with the office and confirmed there is space available, please pay ASAP to secure your place via:

- a) cheque or cash to the MAYFACS office
- b) card payments in MAYFACS office
- c) BACS transfer (please include your name and the name of the trip/s as the reference)



Direct bank transfer details: Mayfield & Five Ashes Community Services (MAYFACS), Account Number 00029924, Sort Code 40 52 40

Refunds can only be given at MAYFACS discretion. If you would like to attend any of our trips but need some financial support, please talk to us in confidence.



Thurs 8th Jan Katharine Jennings Art in Rotherfield to do crafting £22
Thurs 5th Feb Bexhill Museum followed by Fish & Chip Lunch £25.50
Thurs 5th Mar Museum of Gardening in South Downs Nurseries £15
Thurs 9th Apr Hole Park to see the Bluebells £22.50

Thurs 30th Apr Pashley Manor Tulip Festival £26 (note replaces May trip) **Thurs 4th June** National Cat Centre at Ashdown Forest £12.50







Most of the monthly trips leave Mayfield and Five Ashes at approx. 9-10am and are back about 4pm. The MAYFACS team will contact you a week or so before the Trip and arrange pick up times at our various stops. Because we have to pre order tickets and transport, we will not always be able to offer a refund should you cancel your place. If you are worried about accessibility for any of our activities or trips or have any questions please do let us know.

Please visit our website www.mayfacs.org.uk for updates of weekly activities or contact us at the MAYFACS Office on 01435 873888.



MAYFACS Weekly Activities

Mon

MAYFACS Shed Session: Monday 9.30am - 12.30pm Mixed Group Merrieweathers Farm, East Street, Mayfield TN20 6RJ.

Mon

Yarners: Chat and knit, sew and crochet in Sew Inspired shop in the High Street, £3.50 per person, 1.30-3.30pm.

Tue

Men on the Move: weekly "Walk and Talk" group for men, for any age.

Meet in Court Meadow 9.30am. *Free to attend.

Tue

Tuesday Chat: Regular meet up & chat with refreshments in Colkins Mill Church, Station Road. 2-3pm. £2. Every Tues apart from the first Tuesday of the month.

Tue

Tuesday Afternoon Club: First Tuesday of the month in Colkins Mill Church, Station Road, Mayfield 2-4pm £3 including a Speaker, raffle and a light afternoon tea. Please bring a small prize to share for the raffle.

Wed

Little Munchkins Baby & Toddler Group: For all carers, parents & grandparents and under fives. Every Wednesday, <u>term time only</u> in the Scout Hall 9-11 am. £3 per family.

Wed

MAYFACS Shed Session: Wednesday 9.30am - 12.30pm Men's Shed Group Merrieweathers Farm, East Street, Mayfield TN20 6RJ.

Wed

Writing for fun: A monthly group on 3rd Wednesday of the month at 10am – 12pm in London House. £3 including refreshments.

Wed

Wednesday Chat: Every 2nd & 4th Wednesday, 2-3pm in Five Ashes Village Hall. £2. Transport available. (Speaker on 4th Wednesday).

Thur

MAYFACS Shed Session: Thursday 9.30am - 12.30pm Mixed Group Merrieweathers Farm, East Street, Mayfield TN20 6RJ.

Thur

Poetry: 1st Thursday 11-12.30 Coach House Cottage, Royal Oak Mews, Mayfield £2.

Thur

Middle House Lunch: 2nd Thursday of the month on a rota basis. 12.30pm £12.50 for senior citizens living alone.

Thur

Community Café Crowborough : A dementia friendly group for people to come together to enjoy an activity and refreshments. Last Thursday of the month. 2-4pm. Chaperoned transport available from Mayfield.

Fri

MAYFACS Film Club (SEPT-MAR): Five Ashes Village Hall. Please see our programme of films. 1.45-4pm £6. Transport from Mayfield £3.

Fri

Art at the Shed (APR-SEPT not in AUG): 4th Friday of the month 10 -12 pm £3-5 MAYFACS Shed. Materials and refreshments provided. Booking essential.

Fri

Games/Scrabble/Cribbage: 3rd Friday of the month 2-4pm £3 at London House, bring a game or join in with some friendly games.

Sat

Create @ the Shed: 1st Saturday of the month 10am - 12.30pm refreshments provided. Donations to cover materials. School age Years 7 - 11. Booking essential.

Sat

MAYFACS Shed Monthly Repair Cafe 3rd Saturday of every month (except Dec) open 10am - 1pm refreshments available. At MAYFACS Shed.

No need to pre book, unless stated. * Free to attend as Grant funded Please visit www.mayfacs.org.uk or contact us on 01435 873888



















SOCIAL MEDIA: MAYFACS is on social media! Please follow us to keep up to date with our activities and to learn more about what we do!





@MAYFACS2016

Contact Details – Lucy Jervis, Freya Huxtable, Clare Vosloo, Becky Smith, Gill Lawday Telephone: 01435 873888 in the first instance and leave a message. We will phone you back. www.mayfacs.org.uk

BANK DETAILS (for donations, payments of trips and activities) – Mayfield & Five Ashes Community Services (MAYFACS) Account No **00029924** Sort Code **40-52-40**

Emails: manager@mayfacs.org.uk, freya@mayfacs.org.uk, clare@mayfacs.org.uk, becky@mayfacs.org.uk, finance@mayfacs.org.uk; theshed@mayfacs.org.uk, ukrainesupport@mayfacs.org.uk, info@mayfacs.org.uk; create@mayfacs.org.uk.

Please visit our website <u>www.mayfacs.org.uk</u> for updates of weekly activities or contact us at the MAYFACS Office on 01435 873888.

