

Welcome to our MAYFACS eNewsletter

Mayfield & Five Ashes Community Services www.mayfacs.org.uk 01435 873888

October 2025

MAYFACS, LONDON HOUSE, HIGH STREET, MAYFIELD, TN20 6AQ Registered Charity No. 1166647

MAYFACS OFFICE OPENING TIMES: Monday, Tuesday and Wednesday between 10am - 1pm every week. Helpline phone number is monitored Monday to Friday only.

MAYFACS OFFICE Helpline Number: Please use our 01435 873888 number for COMMUNITY CAR REQUESTS and GENERAL HELP rather than our direct mobile numbers which are not checked every day. We know it rings for a long time, but do leave a message on our answerphone as the phones are checked DAILY (Monday to Friday office hours only) and we will call you back as soon as possible. We do not answer the landline due to confidentiality whilst we have open offices.

The Helpline and our Mobile Phones are <u>not</u> in operation over the weekends and evenings, so if you leave us a message over Saturday and Sunday, this will not be picked up until the following working day.

MAYFACS OFFICE info@mayfacs.org.uk
Instagram @MAYFACS2016
Facebook @MAYFACS @MAYFACSSHED
@MAYFACSREPAIRCAFE

BANK DETAILS: (for donations, payments of trips and activities)
Mayfield & Five Ashes Community Services (MAYFACS)
Account No 00029924 Sort Code 40-52-40

October MAYFACS eNews

Fundraising for MAYFACS

THANK YOU to Will Green for his Mighty Marathon in a Month for MAYFACS

MAYFACS would like to thank Will for his hard work in raising money for MAYFACS throughout August, by running a Mighty Marathon throughout the month and raising over £1000 for us in the process!! What a champ!

Recycling your Ink Cartridges for MAYFACS

Don't forget that we are collecting empty ink cartridges, sending them off for recycling and turning them into funds for MAYFACS! Cartridges can either be dropped to MAYFACS office or to Mayfield Post Office. Thank you!

MAYFACS Matinee Films - Next Film Friday 10th October: Mr Burton

MAYFACS Matinee Films returns on Friday 10th October at Five Ashes Village Hall. Films are once per month for this season.

Transport will be available from Mayfield. £6 per person for Film admission, £3 for return transport. Collection from Memorial Hall (1.10pm) and St Thomas of Canterbury (1.20pm). No need to book just be at the bus stop to be picked up.

Friday 10th October: Mr Burton Friday 7th November: Lee

As always, a delicious selection of cakes and refreshments will be available to purchase on the day.

OCTOBER 10TH: MR. BURTON



Marc Evans UK 2025 124m 12A

The story of how Rich Jenkins, a

miner's son of humble beginnings, turned into Richard Burton, the biggest star Wales has ever produced. Philip Burton was the teacher who saw his potential.



Regular activities

Little Munchkins Baby and Toddler Group (term time only)

Please do join us every Wednesday (term time) from 9am – 11am at Mayfield Scout Hall for just £3 per family! All carers, grandparents and parents are very welcome! Lots of toys and activities available for the little ones, and a cuppa and chat for the others ©

Monthly Hearing Aid Maintenance – Next session Wednesday 8th Oct 10.30am – 12pm, London House
East Sussex Hearing are hosting monthly Hearing Aid Maintenance at MAYFACS office to provide support to
Pembury, Eastbourne, Bexhill and Hastings Conquest Audiology patients (now also extended to Specsavers
(Eastbourne, Seaford and Uckfield) and Brighton Audiology patients), with the support of specially trained local volunteers! Please do drop by and find out what support they can offer (including battery replacements) or where you can be signposted to if they cannot support your specific need.

MAYFACS Create @ The Shed! Youth Sessions

Next Session: SATURDAY 4th October & 1st November 2025: 10am - 12pm WOODWORK

Our next Create@theshed session is really exciting! Working with our fantastic Shedders at MAYFACS Community Shed, we will be working with a small group of young people to make your very own IPAD or headphone stand from scratch! Using some basic woodwork equipment under close supervision and support, we are very excited to bring some woodworking skills to our sessions!

This will take place over TWO sessions (Sat 4th Oct and Sat 1st Nov) so commitment to both dates is required (£5 per session).

Places are limited so please contact create@mayfacs.org.uk as soon as possible to secure your spot!!!

Exploring different forms of creative genres including art, music and tech, CREATE@THE SHED sessions take place every 1st Saturday of the Month. Booking is essential for each session with limited spaces available. Email us on create@mayfacs.org.uk to secure your place.

Suggested donations (£5) cover basic materials and are kept to a minimum with funding support MAYFACS receive (and will vary depending on the activity organised). If you would like to attend but need further financial support, please get in touch to discuss. For more information, please visit our website.

MONTHLY TRIPS – 2025 Trips Schedule

Monthly Trip places will be allocated on a first come first served basis. Please email or pop into the office to secure your place! If you would like to attend any of our trips but need some financial support, please talk to us in confidence.

Thurs 2^{nd} October: Bedgebury Pinetum Talk and Walk £12.50

Thurs 6th November: Bluewater Shopping Trip £12 Thurs 4th December: Bowling at Hailsham £16



<u>Men on the Move</u> is a weekly 'walk and talk' group for men, to bring people together to explore the local area together, build connections and get some low-level exercise!

Meet every Tuesday 9.30am (please contact us to confirm meet location each week as it may vary!). FREE TO ATTEND! Join the group and explore the local area. Sorry no dogs.

MAYFACS Community Shed holds 3 Sessions every week for anyone to come along and join in! With inside and new external workshop spaces available across all sessions every week, as well as the community garden, bee keeping and the orchard, there is plenty to get involved in whenever you are available! New Shedders always welcome!

For more information, please visit our website www.mayfacs.org.uk/theshed or email theshed@mayfacs.org.uk



Our next Repair Café will take place at MAYFACS Shed on Saturday 18th October between 10am – 1pm (last repairs accepted 12.15pm)

We welcome you to find out more about our Repair Cafes, join us for some tea and cakes (you do not need to bring a repair to attend!) and find out more about our MAYFACS Shed and MAYFACS community.

www.facebook.com/mayfacsrepaircafe





✓Clock ☑

Next session 18th October 10am

#mayfacs #fiveashes #repaircafe #RecyclingMatters

Basket of scissors - now super sharp 🎌 Leaf Grabber - fixed and ready for autumn 🍁

#volunteersmakeadifference #mayfieldvillage







Volunteering for MAYFACS

Community Car Drivers Needed! Expenses are reimbursed for your costs of travel.

Our Community Car Service runs every day of the week for those who need to access medical appointments but cannot get there any other way. In the last 4 months, requests have increased by 60% which could mean an additional 200+ drives this year! More appointments are being scheduled for Saturdays to get people the medical care they need in hospitals that are getting through waiting lists. This means we really do need more help to support this vital service for our community.

1 x lamp stand fixed
1 x handbag strap fixed
3 x pairs secateurs sharpened

1 x kettle fixed

Do you work Monday to Friday, and would love to volunteer for MAYFACS, but only available on Saturday's? Do you have any spare time to undertake a drive every now and then? Do you know if your Employers offer matched volunteering time as part of their Corporate Social Responsibility programme?

Community Car Volunteers can choose what how often they are available to drive for us and the more drivers we have, the more this shares the support needed. You can also choose whether you prefer to support local drives within our Parish or travel further afield. It really can be flexible around what you can offer. **Expenses are reimbursed for your costs of travel.**

The service is open to anyone who needs help getting to medical appointments, and it really does make a huge difference. For more information, please contact becky@mayfacs.org.uk. Please do contact up if you are interested in becoming a community car driver or any other volunteering role within MAYFACS.

Support Services

MAYFACS UKRAINE SUPPORT HUB

The support email address (<u>Ukrainesupport@mayfacs.org.uk</u>) continues to be available at all times and our phone line which is checked daily Monday to Friday (01435 873888) for any further support required, or please visit us at our office anytime to say hello. Our weekly **English Lessons** are at MAYFACS office every Tuesday 10.30 – 12.30 weekly at London House and are available for all our Ukrainian friends at various levels. Please contact the email above to register interest in attending as dates and times of the sessions may change.

Support for All on our website: www.mayfacs.org.uk

We have been developing our support sections on our website and now have specific areas focusing on **Youth Support** and **Dementia Support** available to everyone within our community and the surrounds. This is on top of signposting for financial and other support. Please do visit our website if you need any advice or help, or come into the office and chat with the team.



MAYFACS SUPPORT SERVICES

MAYFACS has many services to help you should you need any additional support at any time. All requests will be treated in the strictest of confidence, and our team will do everything we can to ensure you have access to any help that you need - be it financial, personal, social or medical.



With our incredible team of volunteers, we can support you should you need help with emergency shopping, collecting prescriptions, getting to our activities, navigating other support services and agencies, as well as borrowing a wheelchair, DVD or Jigsaw! If you need us for anything, please just get in touch, and if we can't help, we can tell you who can! We are here for everyone within our community.



Our Community Car Service ensures you can get to medical appointments when you may have no other way to get there and is open to anyone who needs to use it. Our growing team of volunteers can drive you to these appointments and get you safely home again. Whether it is a local appointment, or further afield, please contact us. This is a paid for service – literally covering the cost of providing the service and fuel for our drivers, however, if cost is a concern, please always let us know and we can look at ways we can support this for you.



Community Fridges are available at Heathfield, Hailsham and Uckfield and are open to anyone, no questions asked, to collect food as and when you need it. They are there to prevent food waste and support our environment by ensuring food goes to a home. They receive donations from supermarkets, cafes, local produce suppliers, and other generous donors, as well as the general public.

Food Bank Referals We are able to make referrals for families and individuals to local foodbanks for anyone in need of this support, be it short term or longer. Parcels are created for you, and specific requests/dietary requirements can also be accommodated. Collections or deliveries to your house are both available. Anyone who wishes to donate food to the local foodbanks can do so at their local supermarkets and help support others in need.



You may be finding it difficult to make ends meet following the recent pandemic and cost of living crisis, or through a change in living or family situation. If you are finding it difficult and need some extra support, and live or work within Mayfield and Five Ashes, do contact us in confidence to discuss how we can support you through our Hardship Fund or email hardshipfund@mayfacs.org.uk

For more information about the above or any of MAYFACS activities and services, please visit us in London House, Mayfield, email us on info@mayfacs.org.uk or call us on 01435 873888. Alternatively pick up our leaflets from various shops in Mayfield High St, Five Ashes Village Hall, Woodhill Surgery, information booths and our noticeboards! Join our eNewsletter mailing list or follow our social media or our website www.mayfacs.org.uk.











SOCIAL MEDIA: MAYFACS is on social media! Please follow us to keep up to date with our activities and to learn more about what we do!





@MAYFACS2016

Contact Details – Lucy Jervis, Freya Huxtable, Clare Vosloo, Becky Smith, Gill Lawday Telephone: 01435 873888 in the first instance and leave a message. We will phone you back. www.mayfacs.org.uk

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Easy Fundraising Online

Please consider MAYFACS when doing your online shopping. Over 8000 retailers will donate to MAYFACS when you simply shop Online. This means you can raise a FREE donation for MAYFACS every time you shop online. https://easyfundraising.org.uk/causes/mayfacs/

Emails: manager@mayfacs.org.uk, freya@mayfacs.org.uk, clare@mayfacs.org.uk, becky@mayfacs.org.uk, becky@mayfacs.org.uk, becky@mayfacs.org.uk, becky@mayfacs.org.uk, becky@mayfacs.org.uk, info@mayfacs.org.uk, <a href="mai

Please visit our website <u>www.mayfacs.org.uk</u> for updates of weekly activities or contact us at the MAYFACS Office on 01435 873888.





MAYFACS Weekly Activities



MAYFACS Shed Session: Monday 9.30am - 12.30pm Mixed Group Merrieweathers Farm, East Street, Mayfield TN20 6RJ.



Yarners: Chat and knit, sew and crochet in Sew Inspired shop in the High Street, £3.50 per person, 1.30-3.30pm.



Men on the Move: weekly "Walk and Talk" group for men, for any age.

Meet in Court Meadow 9.30am. *Free to attend.



Tuesday Chat: Regular meet up & chat with refreshments in Colkins Mill Church, Station Road. 2-3pm. £2. Every Tues apart from the first Tuesday of the month.



Tuesday Afternoon Club: First Tuesday of the month in Colkins Mill Church, Station Road, Mayfield 2-4pm £3 including a Speaker, raffle and a light afternoon tea. Please bring a small prize to share for the raffle.



Little Munchkins Baby & Toddler Group: For all carers, parents & grandparents and under fives. Every Wednesday, <u>term time only</u> in the Scout Hall 9-11 am. £3 per family.



MAYFACS Shed Session: Wednesday 9.30am - 12.30pm Men's Shed Group Merrieweathers Farm, East Street, Mayfield TN20 6RJ.



Writing for fun: A monthly group on 3rd Wednesday of the month at 10am – 12pm in London House. £3 including refreshments.



Wednesday Chat: Every 2nd & 4th Wednesday, 2-3pm in Five Ashes Village Hall. £2. Transport available. (Speaker on 4th Wednesday).

Thur

MAYFACS Shed Session: Thursday 9.30am - 12.30pm Mixed Group Merrieweathers Farm, East Street, Mayfield TN20 6RJ.



Poetry: 1st Thursday 11-12.30 Coach House Cottage, Royal Oak Mews, Mayfield £2.

Thur

Middle House Lunch: 2nd Thursday of the month on a rota basis. 12.30pm £12.50 for senior citizens living alone.

Thur

Community Café Crowborough : A dementia friendly group for people to come together to enjoy an activity and refreshments. Last Thursday of the month. 2-4pm. Chaperoned transport available from Mayfield.



MAYFACS Film Club (SEPT-MAR): Five Ashes Village Hall. Please see our programme of films. 1.45-4pm £6. Transport from Mayfield £3.



Art at the Shed (APR-SEPT not in AUG): 4th Friday of the month 10 -12 pm £3-5 MAYFACS Shed. Materials and refreshments provided. Booking essential.



Games/Scrabble/Cribbage: 3rd Friday of the month 2-4pm £3 at London House, bring a game or join in with some friendly games.



Create @ the Shed: 1st Saturday of the month 10am - 12.30pm refreshments provided. Donations to cover materials. School age Years 7 - 11. Booking essential.



MAYFACS Shed Monthly Repair Cafe 3rd Saturday of every month (except Dec) open 10am - 1pm refreshments available. At MAYFACS Shed.

No need to pre book, unless stated. * Free to attend as Grant funded Please visit www.mayfacs.org.uk or contact us on 01435 873888

















