



Welcome to our MAYFACS eNewsletter

Mayfield & Five Ashes Community Services www.mayfacs.org.uk 01435 873888

September 2025

MAYFACS, LONDON HOUSE, HIGH STREET, MAYFIELD, TN20 6AQ
Registered Charity No. 1166647

MAYFACS OFFICE OPENING TIMES: Monday, Tuesday and Wednesday between 10am - 1pm every week.

Helpline phone number is monitored Monday to Friday only.

MAYFACS OFFICE Helpline Number: Please use our 01435 873888 number for COMMUNITY CAR REQUESTS and GENERAL HELP rather than our direct mobile numbers which are not checked every day. We know it rings for a long time, but do leave a message on our answerphone as the phones are checked DAILY (Monday to Friday office hours only) and we will call you back as soon as possible. We do not answer the landline due to confidentiality whilst we have open offices.

The Helpline and our Mobile Phones are not in operation over the weekends and evenings, so if you leave us a message over Saturday and Sunday, this will not be picked up until the following working day.

MAYFACS OFFICE info@mayfacs.org.uk
Instagram [@MAYFACS2016](https://www.instagram.com/MAYFACS2016)
Facebook [@MAYFACS](https://www.facebook.com/MAYFACS) [@MAYFACSSHED](https://www.facebook.com/MAYFACSSHED)
[@MAYFACSREPAIRCAFE](https://www.facebook.com/MAYFACSREPAIRCAFE)

BANK DETAILS: (for donations, payments of trips and activities)
Mayfield & Five Ashes Community Services (MAYFACS)
Account No 00029924 Sort Code 40-52-40

September MAYFACS eNews

Community Car Service – a WELCOME and a THANK YOU!!

We are very excited to welcome **Ophelia Hewitt** to our MAYFACS team as the new Community Car Service Co-ordinator!! With the huge increase in demand and need for this vital volunteer service, we are so pleased to have Ophelia on board to co-ordinate the requests and our drivers, and improve the service we offer to our passengers and drivers alike.

We would also like to say a **HUGE THANK YOU** to the wonderful **Paul Hill** who has been supporting this service for the past 5 years as a volunteer and helping us with phone calls and information. Paul started checking the phones for MAYFACS during the Covid Pandemic with his wife, Caroline. After the Pandemic, the support from Paul, Caroline and a few other volunteers continued and supported the team in managing the requests. Paul has remained doing this role for us, and we are so grateful to his commitment and time over the past 5 years. We are looking forward to reassigning Paul to other volunteer support roles within the community!

Fundraising for MAYFACS

THANK YOU to Will Green for his Mighty Marathon in a Month for MAYFACS

MAYFACS would like to thank Will for his hard work in raising money for MAYFACS throughout August, by running a Mighty Marathon throughout the month and raising over £800 for us in the process!! **Its not too late to sponsor him.** If anyone would like to sponsor Will, please pop into the office where we have a paper copy sponsor form OR use the **Just Giving link** on the HOME PAGE of our MAYFACS website.



Don't forget to visit our **Produce table** (Mon, Tues and Wednesday during office hours). See flyer towards the end of the email raising funds for MAYFACS. We welcome any surplus produce from local gardens & allotments to share within our community.

Paint and Sip – Wednesday 17th September at Mayfield Cricket Club

Our next Paint and Sip event will be inspired by Monet! Book early to avoid disappointment! £30 per person. Email freya@mayfacs.org.uk to confirm your place or to be on the mailing list for the next one!!

Fundraising Quiz at Mayfield Cricket Club

Thank you to Keven and his team for holding a fundraising Quiz Night to raise money for MAYFACS during their annual Cricket Week! Thanks also to all the teams who attended the evening and raised £500 for MAYFACS.

Recycling your Ink Cartridges for MAYFACS

Don't forget that we are collecting empty ink cartridges, sending them off for recycling and turning them into funds for MAYFACS! Cartridges can either be dropped to MAYFACS office or to Mayfield Post Office. Thank you!



Regular activities

Tuesday Afternoon Club – Tuesday 2nd September with Meditation

This month we will be joined at Tuesday Afternoon Club by Liz Wright who will be leading us with some Meditation. This club is open for all to attend and takes place on the first Tuesday of every month. £3 donation. Food and refreshments included. 2-4pm at Colkins Mill Church.

MAYFACS Create @ The Shed! Youth Sessions

Next Session: SATURDAY 6th September 2025: 10am – 12pm Black line work/ Doodling with Hannah Wareham

Our next Create @ The Shed session takes place on Saturday 6th September for any young people (secondary school suggested ages) interested in getting involved in exploring new skills, being creative and hanging out with like-minded people!

Exploring different forms of creative genres including art, music and tech, sessions take place every 1st Saturday of the Month. Booking is essential for each session with limited spaces available. Email us on create@mayfacs.org.uk to secure your place.



Suggested donations (£5) cover basic materials and are kept to a minimum with funding support MAYFACS receive (and will vary depending on the activity organised). If you would like to attend but need further financial support, please get in touch to discuss. For more information, please visit our website.



Little Munchkins Baby and Toddler Group – returns Wed 10th September!

Please do join us every Wednesday (term time) from 9am – 11am at Mayfield Scout Hall for just £3 per family! All carers, grandparents and parents are very welcome! Lots of toys and activities available for the little ones, and a cuppa and chat for the others 😊

We are looking for **volunteer support** to help run this fantastic group, which is supported by a rota of volunteers looking after our lovely families. If you are interested in helping, even if occasionally, please let us know. You do not need to have a child attending the group to help, but you are also welcome to still help run the groups with a child joining in too!! All ages welcome!!

Monthly Hearing Aid Maintenance – 10.30am – 12pm at London House.

Next sessions: Wednesday 10th Sept and Wednesday 8th October.

East Sussex Hearing are hosting monthly Hearing Aid Maintenance at MAYFACS office to provide support to **Pembury, Eastbourne, Bexhill and Hastings Conquest Audiology patients** (now also extended to **Specsavers (Eastbourne, Seaford and Uckfield) and Brighton Audiology patients**), with the support of specially trained local volunteers! Please do drop by and find out what support they can offer (including battery replacements) or where you can be signposted to if they cannot support your specific need.

Matinee Films will be back in September – restarting 19th September at Five Ashes Village Hall. Film programme is now available, please pop into the Office to collect a copy or visit our website. See attached PDF Programme.

BSL Sign Language Course launching September (6 weeks). We are starting a fully funded 6-week beginners course on a Tuesday afternoon for a small group to learn BSL Sign Language. **You do need to attend all dates between 30th September and 11th November** (no lesson in October half term). For more information please contact clare@mayfacs.org.uk. We will also be organising Deaf Awareness sessions and potentially more courses, so please do register any interest with us at this stage, even if you cannot attend the above dates.

MONTHLY TRIPS – 2025 Trips Schedule

Monthly Trip places will be allocated on a first come first served basis. Please email or pop into the office to secure your place! If you would like to attend any of our trips but need some financial support, please talk to us in confidence.

Thursday 4th September: Visit to Rye (due to popular demand!) £10
 Thurs 2nd October: Bedgebury Pinetum Talk and Walk £12.50
 Thurs 6th November: Bluewater Shopping Trip £12
 Thurs 4th December: Bowling at Hailsham £16



Men on the Move is a weekly 'walk and talk' group for men, to bring people together to explore the local area together, build connections and get some low-level exercise!

Meet every Tuesday 9.30am (please contact us to confirm meet location each week as it may vary!). **FREE TO ATTEND!** Join the group and explore the local area. Sorry no dogs.

MAYFACS Community Shed holds 3 Sessions every week for anyone to come along and join in! With inside and new external workshop spaces available across all sessions every week, as well as the community garden, bee keeping and the orchard, there is plenty to get involved in whenever you are available! New Shedders always welcome!

For more information, please visit our website www.mayfacs.org.uk/theshed or email theshed@mayfacs.org.uk

REPAIR CAFE At MAYFACS Shed

accepted 12.15pm)

Our next Repair Café will take place at MAYFACS Shed on **Saturday 13th September 2025** (to avoid carnival date) between 10am – 1pm (last repairs

We welcome you to find out more about our Repair Cafes, join us for some tea and cakes (you do not need to bring a repair to attend!) and find out more about our MAYFACS Shed and MAYFACS community. **Keep an eye out for our new signs around Mayfield and Five Ashes.** www.facebook.com/mayfacsrepaircafe

MAYFACS COMMUNITY SHED

Merrieweathers Farm, East Street, Mayfield TN20 6RJ

The MAYFACS Shed and Community Garden is an opportunity for anyone to come along, meet some friendly people, work in the workshops or outdoor spaces on your own personal projects or community projects.

WEEKLY SESSIONS

MONDAY (Mixed Group) 9.30am - 12.30pm
 WEDNESDAY (Men's Group) 9.30am - 12.30pm
 THURSDAY (Mixed Group) 9.30am - 12.30pm

REPAIR CAFES

3rd Saturday of every month (no Cafe in December) at MAYFACS Shed (Refreshments available) 10am - 1pm.
 Community Cafe at Five Ashes on Sat 20th April 24

Bring your repairs along, join us for tea and cake, and get to know our Repairers! You are also welcome along without repairs! Volunteer Repairers always welcome!

For more information
 Email us on theshed@mayfacs.org.uk
 Call MAYFACS on 01435 873888
 Visit our website www.mayfacs.org.uk/theshed
 or Follow us on Facebook
www.facebook.com/MayfacsShed



Mayfacs Repair Cafe

18 Aug · 🌐

Another month, another successful Mayfield Repair Cafe!

- ✓ 7 x pairs of garden shears & secateurs sharpened ✂️
- ✓ 2 x Wooden jewellery box 💍
- ✓ 1x Bed cross bar 🛏️
- ✓ 1 x mower blades sharpened ✂️
- ✓ 1 x wooden chair fixed 🪑
- ✓ 1 x vacuum cleaner 🧹
- ✓ 1 x vintage lighter 🔥

Next session 13th September



Mayfacs Repair Cafe

19 Jul · 🌐

What a successful Repair Cafe today.

- ✓ 3 x table lamps fixed 💡
- ✓ 2 x clocks fixed 🕒
- ✓ 1 x garden shears sharpened ✂️
- ✓ 1 x electric blanket switch fixed 🔌
- ✓ 1 x lamp stand fixed 💡
- ✓ 1 x handbag strap fixed 👜
- ✓ 3 x pairs secateurs sharpened ✂️
- ✓ 1 x kettle fixed 🍵

Volunteering for MAYFACS

Community Car Drivers Needed! Expenses are reimbursed for your costs of travel.

Our Community Car Service runs every day of the week for those who need to access medical appointments but cannot get there any other way. In the last 4 months, requests have increased by 60% which could mean an additional 200+ drives this year! More appointments are being scheduled for Saturdays to get people the medical care they need in hospitals that are getting through waiting lists. This means we really do need more help to support this vital service for our community.

Do you work Monday to Friday, and would love to volunteer for MAYFACS, but only available on Saturday's? Do you have any spare time to undertake a drive every now and then? Do you know if your Employers offer matched volunteering time as part of their Corporate Social Responsibility programme?

Community Car Volunteers can choose what how often they are available to drive for us and the more drivers we have, the more this shares the support needed. You can also choose whether you prefer to support local drives within our Parish or travel further afield. It really can be flexible around what you can offer. **Expenses are reimbursed for your costs of travel.**

The service is open to anyone who needs help getting to medical appointments, and it really does make a huge difference. For more information, please contact becky@mayfacs.org.uk. Please do contact up if you are interested in becoming a community car driver or any other volunteering role within MAYFACS.

Support Services

MAYFACS UKRAINE SUPPORT HUB

The support email address (Ukrainesupport@mayfacs.org.uk) continues to be available at all times and our phone line which is checked daily Monday to Friday (01435 873888) for any further support required, or please visit us at our office anytime to say hello. Our weekly **English Lessons** are at MAYFACS office every Tuesday 10.30 – 12.30 weekly at London House and are available for all our Ukrainian friends at various levels. Please contact the email above to register interest in attending as dates and times of the sessions may change.

Support for All on our website: www.mayfacs.org.uk

We have been developing our support sections on our website and now have specific areas focusing on **Youth Support** and **Dementia Support** available to everyone within our community and the surrounds. This is on top of signposting for financial and other support. Please do visit our website if you need any advice or help, or come into the office and chat with the team.



MAYFACS SHED Community Produce



PLEASE TAKE WHAT YOU CAN USE!!

Our Produce is lovingly grown at MAYFACS Community Garden by our lovely Shedders! It is freshly picked at the start of each week and will be placed outside the MAYFACS office when open for the community to make use of during the summer months.

Produce is for everyone within our community. Any donations would be gratefully received (cash into the box, or card machine available inside).

We also welcome any surplus donations from local growers, allotments, gardens, businesses etc. We are not only wanting to bring freshly grown produce to the community, but also ensuring we reduce waste by getting surplus to those who can use it.

For more information email us on theshed@mayfacs.org.uk
Call MAYFACS on 01435 873888





MAYFACS SUPPORT SERVICES

MAYFACS has many services to help you should you need any additional support at any time. All requests will be treated in the strictest of confidence, and our team will do everything we can to ensure you have access to any help that you need - be it financial, personal, social or medical.

Everyday Support Services

With our incredible team of volunteers, we can support you should you need help with emergency shopping, collecting prescriptions, getting to our activities, navigating other support services and agencies, as well as borrowing a wheelchair, DVD or Jigsaw! If you need us for anything, please just get in touch, and if we can't help, we can tell you who can! We are here for everyone within our community.

Community Car Service

Our Community Car Service ensures you can get to medical appointments when you may have no other way to get there and is open to anyone who needs to use it. Our growing team of volunteers can drive you to these appointments and get you safely home again. Whether it is a local appointment, or further afield, please contact us. This is a paid for service - literally covering the cost of providing the service and fuel for our drivers, however, if cost is a concern, please always let us know and we can look at ways we can support this for you.

Community Fridges

Community Fridges are available at Heathfield, Hailsham and Uckfield and are open to anyone, no questions asked, to collect food as and when you need it. They are there to prevent food waste and support our environment by ensuring food goes to a home. They receive donations from supermarkets, cafes, local produce suppliers, and other generous donors, as well as the general public.

Food Bank Referrals

We are able to make referrals for families and individuals to local foodbanks for anyone in need of this support, be it short term or longer. Parcels are created for you, and specific requests/dietary requirements can also be accommodated. Collections or deliveries to your house are both available. Anyone who wishes to donate food to the local foodbanks can do so at their local supermarkets and help support others in need.

MAYFACS Hardship Fund

You may be finding it difficult to make ends meet following the recent pandemic and cost of living crisis, or through a change in living or family situation. If you are finding it difficult and need some extra support, and live or work within Mayfield and Five Ashes, do contact us in confidence to discuss how we can support you through our Hardship Fund or email hardshipfund@mayfacs.org.uk

For more information about the above or any of MAYFACS activities and services, please visit us in London House, Mayfield, email us on info@mayfacs.org.uk or call us on **01435 873888**. Alternatively pick up our leaflets from various shops in Mayfield High St, Five Ashes Village Hall, Woodhill Surgery, information booths and our noticeboards! Join our eNewsletter mailing list or follow our social media or our website www.mayfacs.org.uk.



SOCIAL MEDIA : MAYFACS is on social media! Please follow us to keep up to date with our activities and to learn more about what we do!



Contact Details – Lucy Jervis, Freya Huxtable, Clare Vosloo, Becky Smith, Gill Lawday
Telephone: 01435 873888 in the first instance and leave a message. We will phone you back.
www.mayfacs.org.uk

BANK DETAILS (for donations, payments of trips and activities) – Mayfield & Five Ashes Community Services (MAYFACS) Account No **00029924** Sort Code **40-52-40**

Easy Fundraising Online

Please consider MAYFACS when doing your online shopping. Over 8000 retailers will donate to MAYFACS when you simply shop Online. This means you can raise a FREE donation for MAYFACS every time you shop online.
<https://easyfundraising.org.uk/causes/mayfacs/>

Emails: manager@mayfacs.org.uk, freya@mayfacs.org.uk,
clare@mayfacs.org.uk, becky@mayfacs.org.uk, finance@mayfacs.org.uk;
theshed@mayfacs.org.uk, ukrainesupport@mayfacs.org.uk,
info@mayfacs.org.uk; create@mayfacs.org.uk.

Please visit our website www.mayfacs.org.uk for updates of weekly activities or contact us at the MAYFACS Office on 01435 873888.

Stay in touch with MAYFACS

Keep an eye on our window displays and noticeboards at London House, or follow us on our social media to stay up to date with information about MAYFACS and MAYFACS Shed

- eNewsletter
- Facebook @mayfacs
- Facebook @mayfacsshed
- Facebook @mayfacsrepaircafe
- Instagram @mayfacs2016
- Website www.mayfacs.org.uk

MAYFACS, London House, High Street, Mayfield TN20 8AQ
Charity Registration 1186647



MAYFACS Weekly Activities

Mon

MAYFACS Shed Session: Monday 9.30am - 12.30pm Mixed Group
Merrieweathers Farm, East Street, Mayfield TN20 6RJ.

Mon

Yarners: Chat and knit, sew and crochet in Sew Inspired shop in the High Street,
£3.50 per person, 1.30-3.30pm.

Tue

Men on the Move: weekly "Walk and Talk" group for men, for any age.
Meet in Court Meadow 9.30am. *Free to attend.

Tue

Tuesday Chat: Regular meet up & chat with refreshments in Colkins Mill Church,
Station Road. 2-3pm. £2. Every Tues apart from the first Tuesday of the month.

Tue

Tuesday Afternoon Club: First Tuesday of the month in Colkins Mill Church, Station
Road, Mayfield 2-4pm £3 including a Speaker, raffle and a light afternoon tea. Please
bring a small prize to share for the raffle.

Wed

Little Munchkins Baby & Toddler Group: For all carers, parents & grandparents and
under fives. Every Wednesday, term time only in the Scout Hall 9-11 am. £3 per family.

Wed

MAYFACS Shed Session: Wednesday 9.30am - 12.30pm Men's Shed Group
Merrieweathers Farm, East Street, Mayfield TN20 6RJ.

Wed

Writing for fun: A monthly group on 3rd Wednesday of the month at
10am – 12pm in London House. £3 including refreshments.

Wed

Wednesday Chat: Every 2nd & 4th Wednesday, 2-3pm in Five Ashes Village Hall.
£2. Transport available. (Speaker on 4th Wednesday).

Thur

MAYFACS Shed Session: Thursday 9.30am - 12.30pm Mixed Group
Merrieweathers Farm, East Street, Mayfield TN20 6RJ.

Thur

Poetry: 1st Thursday 11-12.30 Coach House Cottage, Royal Oak Mews, Mayfield £2.

Thur

Middle House Lunch: 2nd Thursday of the month on a rota basis.
12.30pm £12.50 for senior citizens living alone.

Thur

Community Café Crowborough : A dementia friendly group for people to come
together to enjoy an activity and refreshments. Last Thursday of the month.
2-4pm. Chaperoned transport available from Mayfield.

Fri

MAYFACS Film Club (SEPT-MAR): Five Ashes Village Hall. Please see our
programme of films. 1.45-4pm £6. Transport from Mayfield £3.

Fri

Art at the Shed (APR-SEPT not in AUG) : 4th Friday of the month 10 -12 pm £3-5
MAYFACS Shed. Materials and refreshments provided. Booking essential.

Fri

Games/Scrabble/Cribbage: 3rd Friday of the month 2-4pm £3 at London House,
bring a game or join in with some friendly games.

Sat

Create @ the Shed: 1st Saturday of the month 10am - 12.30pm refreshments
provided. Donations to cover materials. School age Years 7 - 11. Booking essential.

Sat

MAYFACS Shed Monthly Repair Cafe 3rd Saturday of every month (except Dec)
open 10am - 1pm refreshments available. At MAYFACS Shed.



No need to pre book, unless stated. * Free to attend as Grant funded
Please visit www.mayfacs.org.uk or contact us on 01435 873888